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| *CDC’s Division of Nutrition, Physical Activity, and Obesity*WEEKLY DIGESTDecember 13, 2019 |

Hello! Below you will find the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion’s, Division of Nutrition, Physical Activity, and Obesity (DNPAO) Weekly Digest. This weekly news digest provides a compilation of resources and information related to chronic disease prevention and community health from a variety of sources. Feel free to share this e-mail with your peers and partners. If you would like to subscribe or unsubscribe, send your name, organization, and e-mail address to dnpaoprogram@cdc.gov indicating whether you wish to subscribe or unsubscribe. Nutrition* New Opportunity: Submissions wanted for the special issue entitled "Examining the Social & Environmental Factors Influencing Food Insecurity in Rural Areas"
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* New Resource: Healthcare: A Cure for Housing

Nutrition**New Opportunity: Submissions wanted for the special issue entitled “Examining the Social & Environmental Factors Influencing Food Insecurity in Rural Areas”** Lindsey Haynes-Maslow, PhD, MHA, the Guest Editor for the International Journal of Environmental Research and Public Health, is requesting submissions for a special issue on "Examining the Social and Environmental Factors Influencing Food Insecurity in Rural Areas.” Please see description below:The U.S. Department of Agriculture defines food insecurity as a “lack of consistent access to enough food for an active, healthy life.” Food security is essential for health and development across a person’s lifespan. Food insecurity rates are higher in rural versus urban areas. There is limited evidence on why rural areas experience higher rates of food insecurity than urban areas. However, this issue is complex and food insecurity in rural areas involves numerous, interconnected factors. This issue will examine studies that explore the social and environmental factors influencing food insecurity in rural areas.The deadline for manuscripts is April 30, 2020. Please see the contact information below if you have any questions:Lindsey Haynes-Maslow, PhD, MHAAssistant Professor & Extension SpecialistDepartment of Agricultural and Human SciencesNorth Carolina State UniversityEmail: lhaynes-maslow@ncsu.edu**New Announcement: Food Distribution Program on Indian Reservations (FDPIR) Nutrition Paraprofessional Training Project Announcement** The Food and Nutrition Service (FNS) is excited to announce the [Oklahoma Tribal Engagement Partners](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAxOTEyMDYuMTM5NDc3MDEiLCJ1cmwiOiJodHRwczovL29rdGVwLmNvbS8ifQ.cghyzUxjPcZsy-7JXrbvT_pZ08GDipkap5Zstz5mCs0/br/72396088839-l) (OKTEP) as the selected awardee for the Food Distribution Program on Indian Reservations (FDPIR) Nutrition Paraprofessional Training Project. OKTEP was selected to plan, design, and implement a nutrition education curriculum that will be used to prepare local FDPIR staff to provide basic nutrition education sessions and activities to FDPIR participants.OKTEP has an established history of program development, implementation, and evaluation collaborations throughout Indian Country and has worked extensively with SNAP-Ed tribal programs. During this two-year cooperative agreement, OKTEP will work closely with FNS to design and implement a nutrition training curriculum that is culturally appropriate and enhances nutrition education opportunities for FDPIR participants. FNS looks forward to working with OKTEP over the next two years and intends to host the first FDPIR nutrition paraprofessional training class in October 2020! Further details on training locations and dates will be available in the coming months.**New Announcement: FY19 Food Distribution Program on Indian Reservations Nutrition Education (FDPNE) Grant Awards Announced** Congratulations to the 14 Indian Tribal Organizations (ITOs) who received a Fiscal Year 2019 [Food Distribution Program on Indian Reservations Nutrition Education (FDPNE) Grant](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAxOTEyMDYuMTM5NDc3MDEiLCJ1cmwiOiJodHRwczovL3d3dy5mbnMudXNkYS5nb3YvZmRwaXIvbnV0cml0aW9uLWVkdWNhdGlvbi1ncmFudC1hd2FyZHMifQ.ChSEvteBx2vX61tgx-SnIfLsF_HcrsFdazzoVmyaV6Y/br/72396088839-l)! The overall goal of the FDPNE grant program is to improve the likelihood that persons eligible for FDPIR will make healthy food choices consistent with the current Dietary Guidelines for Americans and USDA MyPlate Guidance. In September 2019, USDA awarded a total of $983,695 to fund 14 nutrition education projects.  View the 2019 grant recipients and project summaries [here.](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAxOTEyMDYuMTM5NDc3MDEiLCJ1cmwiOiJodHRwczovL2Zucy1wcm9kLmF6dXJlZWRnZS5uZXQvc2l0ZXMvZGVmYXVsdC9maWxlcy9yZXNvdXJjZS1maWxlcy9GWTE5JTIwRkRQTkUlMjBQcm9qZWN0JTIwU3VtbWFyaWVzX2ZvciUyMHdlYnNpdGUucGRmIn0.ZmyOVMMnrMnhBvg4dwmiCdCKf2aq7OqzbX-Bt7oaBlI/br/72396088839-l) **New Resource: Profiles of Native Farm to School Champions**The National Farm to School Network partnered with the Intertribal Agriculture Council (IAC) to share a series of blogs profiling Native Farm to School Champions. These stories were organized and collected by IAC's Regional Technical Assistance Specialists, and top programs will be recognized for farm to school leadership at the 2019 IAC Annual Meeting in December. Click [here](http://www.farmtoschool.org/news-and-articles/tag/Native_Communities/) to read the profiles.**New Book: Sustainable Food System Assessment**Sustainable Food System Assessment provides both practical and theoretical insights about the growing interest in and response to measuring food system sustainability. Bringing together research from the Global North and South, this book shares lessons learned, explores intended and actual project outcomes, and highlights points of conceptual and methodological convergence.Click [here](https://www.taylorfrancis.com/books/9780429439896) to access the book. **New Meeting: Fourth Dietary Guidelines Advisory Committee Meeting**The Dietary Guidelines Advisory Committee will hold its fourth meeting January 23 and 24 in Houston, Texas. The meeting will be available to attend in-person or view by webcast.The first day of the meeting will include presentations by each subcommittee and deliberation by the full Committee.On the second day, the public will have the opportunity to **provide oral comments to the Committee**. Please note that registration for oral public comments is on a first come, first serve basis. Those providing oral comments must attend in-person at the USDA Children’s Nutrition Research Center in Houston, Texas.Click [here](https://www.dietaryguidelines.gov/meeting-4) for more information and to register.**New Resource: The CACFP Trainer’s Tools: Feeding Infants Kit**The CACFP Trainer’s Tools: Feeding Infants kit was developed from the *Feeding Infants in the Child and Adult Care Food Program* guide ([**now available in Spanish**](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDMsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAxOTEyMTAuMTQxMDQ3MjEiLCJ1cmwiOiJodHRwczovL3d3dy5mbnMudXNkYS5nb3YvdG4vZmVlZGluZy1pbmZhbnRzLWNoaWxkLWFuZC1hZHVsdC1jYXJlLWZvb2QtcHJvZ3JhbSJ9.-fwpTeBJqjevtUW5nIP-9Ez-GuXomq6jbM9gKAmXfPI/br/72600807931-l)). The trainer’s kit includes: * The trainer’s guide,
* Presentation slides and trainer notes,
* Training pre- and post-tests for each lesson,
* Videos, and
* Digital interactive games.

Spanish and print versions of the trainer’s kit will be available at a later date.Click [here](https://www.fns.usda.gov/tn/feeding-infants-cacfp-trainers-tools) to access the resource.[Back to Top of Newsletter](#_top)Physical Activity**New Article: What is a Pop-Up Demonstration?** We answer the question, describe the most common types of placemaking projects and explain why they’re done.Click [here](https://www.aarp.org/livable-communities/tool-kits-resources/info-2019/what-is-a-pop-up-demonstration.html?cmp=EMC-DSM-NLC-LC-HOMFAM-20191204_LivableCommunities_700500_1032908-120419-F2-WhatIs-CTA_Button-CTRL-4210762&encparam=8wuCE1%2bTBUvG4YBJrnw6gA%3d%3d) to access the article.**Funding Opportunity: 2020 Safe Routes to Parks Activating Communities Program** The Safe Routes Partnership invites communities and organizations working to improve safe, equitable access to local parks to apply for the 2020 Safe Routes to Parks Activating Communities program. The program provides tailored technical assistance for seven communities to develop Safe Routes to Parks action plans and awards $12,500 to each community to begin implementation of those plans.The deadline for applications is Monday, December 16, 2019. Click [here](https://www.saferoutespartnership.org/healthy-communities/saferoutestoparks/2020-application) for more information. [Back to Top of Newsletter](#_top)Health Equity Resources**New Resource: Long-Range Planning for Health, Equity, & Prosperity: A Primer for Local Governments** ChangeLab Solutions has created a new resource for prioritizing health and equity in planning practices and decisionmaking. *Long-Range Planning for Health, Equity, & Prosperity: A Primer for Local Governments* poses a series of questions in order to provoke thoughts on how city and community planning can advance health and equity. The Primer is for planners, local leaders, advocates, researchers, and consultants who want to use long-range planning to advance health and equity in their communities.Click [here](https://www.changelabsolutions.org/product/long-range-planning-primer?utm_source=email&utm_medium=copy_Link_2&utm_campaign=Planning-Primer_L_Launch_1219&eType=EmailBlastContent&eId=8073a189-4cde-4e29-98e1-bb9e37f83421) to access the resource.**Upcoming Conference: National Indian Health Board’s 11th Annual National Tribal Public Health Summit** March 17 – 19, 2020CHI Health CenterOmaha, NebraskaThe National Tribal Public Health Summit is a premiere Indian public health event that attracts over 500 Tribal public health professionals, elected leaders, advocates, researchers, and community-based service providers. This year’s Summit will feature dynamic national speakers, interactive workshops and roundtable discussions, a welcome reception, a morning fitness event, as well as the presentation of the 2020 Native Public Health Innovation awards. The deadline for proposals is December 15, 2019. Click [here](https://web.cvent.com/event/fd4f40fe-ec8e-40bb-a425-88a2bde4a6a9/summary?utm_campaign=fyi_newsletter&utm_medium=email&utm_source=govdelivery) for more information and to register.[Back to Top of Newsletter](#_top)Breastfeeding Resources **New Resource: CDC New Storage and Preparation of Breast Milk and Human Milk Storage Guidelines Resources in English and Spanish**These are general guidelines for storing human milk at different temperatures. Various factors (milk volume, room temperature when milk is expressed, temperature fluctuations in the refrigerator and freezer, and cleanliness of the environment) can affect how long human milk can be stored safely. View both resources in English and in Spanish on our website and order the magnets through a printing service of your choice. A handout on Human Milk Storage Guidelines is available for download on the [CDC breastfeeding website](https://www.cdc.gov/breastfeeding/recommendations/handling_breastmilk.htm) in both English and Spanish.New Human Milk Storage Guidelines magnet in English: <https://www.cdc.gov/breastfeeding/pdf/HumanMilk-en-508.pdf> New Human Milk Storage Guidelines magnet now available in Spanish: <https://www.cdc.gov/breastfeeding/pdf/HumanMilk-sp-508.pdf> Early Childcare and Education Settings (ECE)No New Updates [Back to Top of Newsletter](#_top)General Resources **Upcoming Call: National Update Call on Lung Disease Associated with E-Cigarette, or Vaping**CDC’s Lung Injury Response team will continue their national call series on **Thursday, December 19th from 4 to 5 pm EST** to discuss updates on the investigation of the multistate EVALI outbreak. CDC’s subject matter experts will provide the latest updates on the response and guidance related to the outbreak. Invited call participants include state health officials, state, local, and territorial preparedness directors, state epidemiologists, public health laboratory directors, state and local outbreak point of contacts, and nongovernmental partners. This call will include a question-and-answer segment. **Please note, this call series has been transitioned to a bi-weekly frequency.**              **Participant Information:** Bridgeline: 1-888-455-0880; Participant passcode: 3630206  **New Morbidity and Mortality Weekly Report (MMWR):** Update: Demographic, Product, and Substance-Use Characteristics of Hospitalized Patients in a Nationwide Outbreak of E-cigarette, or Vaping, Product Use – Associated Lung Injuries – United States, December 2019CDC released [an MMWR report](https://www.cdc.gov/mmwr/volumes/68/wr/mm6849e1.htm?s_cid=mm6849e1_w&deliveryName=USCDC_921-DM14966) on Friday, Dec. 6 containing the following information: * CDC has analyzed national data on the use of THC-containing product brands by EVALI patients.
* Overall, 152 different THC-containing product brands were reported by EVALI patients.
* Dank Vapes, a class of largely counterfeit THC-containing products of unknown origin, was the most commonly reported product brand used by patients nationwide, although there are regional differences.  While Dank Vapes was most commonly reported in the Northeast and South, TKO and Smart Cart brands were more commonly reported by patients in the West and Rove was more common in the Midwest.
* The data further supports that EVALI is associated with THC-containing products and that it is not likely associated with a single THC-containing product brand.
* CDC recommends that people should not use THC-containing e-cigarette, or vaping, products, particularly from informal sources like friends, family, or in-person or online dealers. In addition, people should not add any substances to e-cigarette or vaping products that are not intended by the manufacturer, including products purchased through retail establishments.
* THC-containing products continue to be the most commonly reported e-cigarettes, or vaping, products used by EVALI patients, and it appears that vitamin E acetate is associated with EVALI. However, many substances and product sources are being investigated, and there might be more than one cause. Therefore, while the investigation continues, persons should consider refraining from the use of all e-cigarette, or vaping, products.

CDC will continue to update guidance, as appropriate, as new data become available from this complex outbreak.**New Resource: The Office Guide to Building Health**T*he Office Guide to Building Health,* released by the Center for Active Design,offers a practical roadmap, from ideas to action, supporting tenants and landlords in their endeavor to create healthy, welcoming offices — regardless of budget, capacity, or expertise.Click [here](The-Office-Guide-to-Building-Health.pdf) to access the resource.**New Resource: Healthcare: A Cure for Housing** The Center for Active Design has released a new resource. *Healthcare: A Cure for Housing* identifies ten best practices for investing in affordable housing, drawing from healthcare industry leaders at the forefront of tackling access to affordable housing as a way to impact health.Click [here](Healthcare-Cure-for-Housing-Spreads.pdf) to access the resource.The Robert Wood Johnson Foundation (RWJF) seeks to help improve community health by fostering connections across systems that are built to last. If different sectors have the capacity and urgency to work together to address community needs, they can make and sustain progress.Efforts to increase cross-sector alignment are well underway. This call for proposals supports RWJF’s intent to identify and share what works to effectively align the health care, public health, and social services sectors.The Robert Wood Johnson Foundation (RWJF) seeks to help improve community health by fostering connections across systems that are built to last. If different sectors have the capacity and urgency to work together to address community needs, they can make and sustain progress.Efforts to increase cross-sector alignment are well underway. This call for proposals supports RWJF’s intent to identify and share what works to effectively align the health care, public health, and social services sectors.[Back to Top of Newsletter](#_top)Links to non-Federal organizations found in this e-mail are provided solely as a service. These links do not constitute an endorsement of these organizations or their programs by CDC or the Federal Government, and none should be inferred. CDC is not responsible for the content of the individual organization Web pages found at these links. |
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