|  |
| --- |
|  |
| |  | | --- | | *CDC’s Division of Nutrition, Physical Activity, and Obesity*  WEEKLY DIGEST  March 13, 2020 |   Hello!  Below you will find the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion’s, Division of Nutrition, Physical Activity, and Obesity (DNPAO) Weekly Digest. This weekly news digest provides a compilation of resources and information related to chronic disease prevention and community health from a variety of sources. Feel free to share this e-mail with your peers and partners. If you would like to subscribe or unsubscribe, send your name, organization, and e-mail address to dnpaoprogram@cdc.gov indicating whether you wish to subscribe or unsubscribe.  Nutrition   * New Education Campaign: New Nutrition Facts Label: What's in it For You? * New Funding Opportunities: Three USDA Grant Programs * New Article: Farm-to-School Model in Oneida Brings Local Food to Students * Upcoming Webinar: Leveraging Juvenile Justice Food Environments to Advance Health Equity * New Funding Opportunity: The Gus Schumacher Nutrition Incentive Program   Physical Activity Resources   * Upcoming Webinar: Communities of Practice: An Evaluation for Physical Activity and Public Health * New Report: Safe Routes to Healthy Food Report and Action Agenda * New Article: Gentrification, Neighborhood Change, and Population Health: A Systematic Review   Health Equity Resources   * New Opportunity: 2020 Racial Equity Challenge * New Article: To Fight Health Disparities, Native Hawaiians Return to Their Agriculture, Wellness Roots * New Opportunity: The Robert Wood Johnson Foundation and National Civic League Health Equity Award   Breastfeeding Resources   * New Report: Challenging Cultural Barriers and Creating a More Supportive Society: Findings on Breastfeeding from Focus Groups with Moms Across Illinois   Early Childcare and Education Settings (ECE)   * Webinar on Demand: Feeding Infants and Toddlers: Classroom Practices that Support Early Nutrition Habits * New Article: A Force of Nature   General Resources   * New Opportunity: Preventing Chronic Disease Student Research Collection  Nutrition **New Education Campaign: New Nutrition Facts Label: What’s in it For You?**  The U.S. Food and Drug Administration announced the launch of the “New Nutrition Facts Label: What’s in it For You?” education campaign. This campaign is designed to increase awareness of the new Nutrition Facts label for packaged foods, which reflects updated scientific information, including the link between diet and chronic diseases such as obesity and heart disease. It is intended for the general population and sub-populations at increased risk of nutrition-related chronic disease.  Click [here](https://www.fda.gov/food/nutrition-education-resources-materials/new-nutrition-facts-label?utm_campaign=CFSANCU_NewNutritionFactsLabelLaunch_03112020&utm_medium=email&utm_source=Eloqua) to learn more about the campaign.  **New Funding Opportunities: Three USDA Grant Programs**  The United States Department of Agriculture (USDA) just opened up a call for proposals for three grant programs: Farmers Market Promotion Program, Local Food Promotion Programs and a new program – Regional Food Systems Partnership Program.  Applications are due **May 11, 2020**.  Food councils are eligible to apply for all of the grants.  **Regional Food Systems Partnership Program** supports partnerships that connect public and private resources to plan and develop local or regional food systems. Effort is focused on building and strengthening local or regional food economy viability and resilience by alleviating unnecessary administrative and technical barriers for participating partners.  Click [here](https://www.ams.usda.gov/services/grants/rfsp) for information about the Regional Food Systems Partnership Program.  **Farmers Market Promotion Program** funds projects that develop, coordinate and expand direct producer-to-consumer markets to help increase access to and availability of locally and regionally produced agricultural products by developing, coordinating, expanding, and providing outreach, training, and technical assistance to domestic farmers markets, roadside stands, community-supported agriculture programs, agritourism activities, online sales or other direct producer-to-consumer (including direct producer-to-retail, direct producer-to-restaurant and direct producer-to-institutional marketing) market opportunities. A 25% match is required.  Click [here](https://www.ams.usda.gov/services/grants/fmpp) for information about the Farmers Market Promotion Program.  **Local Food Promotion Program** funds projects that develop, coordinate and expand local and regional food business enterprises that engage as intermediaries in indirect producer to consumer marketing to help increase access to and availability of locally and regionally produced agricultural products.  Click [here](https://www.ams.usda.gov/services/grants/lfpp) for information about the Local Food Promotion Program.  **New Article: Farm-to-School Model Brings Local Food to Students**  Oneida Nation High School goes beyond local veggies for lunch. Students are growing aquaponic lettuce & herbs, tapping maple trees for syrup, tending to a fruit orchard and more to help bring fresh, local foods into their cafeteria.  Click [here](https://fox11online.com/news/fox-11-food-project/farm-to-school-model-in-oneida-brings-local-food-to-students) to access the article.  **Upcoming Webinar: Leveraging Juvenile Justice Food Environments to Advance Health Equity**  Thursday, March 19, 2020  11:00 am – 12:00 pm PDT (2:00 pm – 3:00 pm EDT)  [Register Here](https://globalmeetwebinar.webcasts.com/starthere.jsp?ei=1283830&tp_key=0a32123458&eType=EmailBlastContent&eId=6610ccfa-bf55-44ee-aed2-230e51388a10)  This webinar shares new research from ChangeLab Solutions and RTI International on the policies and practices shaping food environments in residential juvenile justice facilities — and how those policies and practices might address diet-related health inequities. The research reflects both a national review as well as a sample of facilities in North Carolina.  **Featured Speakers:**   * Kristen C. Giombi, *RTI International* * Kimberly Libman, *ChangeLab Solutions* * Nessia Berner Wong, *ChangeLab Solutions* * Lynne Williams, *North Carolina Department of Public Safety* * Lauren Dawson, *University of Minnesota School of Public Health*   **New Funding Opportunity: The Gus Schumacher Nutrition Incentive Program**  The Gus Schumacher Nutrition Incentive Program, formerly known as the Food Insecurity Nutrition Incentive Program, will support projects to increase the purchase of fruits and vegetables among low-income consumers participating in the Supplemental Nutrition Assistance Program (SNAP) by providing incentives at the point of purchase. The program will test strategies that could contribute to our understanding of how best to increase the purchase of fruits and vegetables by Supplemental Nutrition Assistance Program (SNAP) participants. The awards range from $100,000 to $500,000. The deadline to apply is **Monday, May 18, 2020**.  Click [here](https://nifa.usda.gov/funding-opportunity/food-insecurity-nutrition-incentive-fini-grant-program) for more information and to apply.  [Back to Top of Newsletter](#_top) Physical Activity **Upcoming Webinar: Communities of Practice: An Evaluation for Physical Activity and Public Health**  Monday, March 16, 2020  1:00 – 2:00 PM EDT  [Register Here](https://register.gotowebinar.com/register/6144733287501880843)  The National Physical Activity Plan Alliance created a conceptual framework to evaluate Communities of Practice for physical activity. This presentation will describe communities of practice, provide an overview of an evaluation framework, and discuss two examples in PAPH.  **Featured speakers:**   * Russell R. Pate, *Arnold School of Public Health, University of South Carolina* * Karma Harris, *National Association of Chronic Disease Directors (NACDD)* * Jon Morgan, *Wisconsin Division of Public Health*   **New Report: Safe Routes to Healthy Food Report and Action Agenda**  This report details the interconnected challenges of transportation access and healthy food access, and provides strategies and solutions for communities interested in improving healthy food access for people walking, bicycling, and taking public transportation.  Click [here](https://www.saferoutespartnership.org/sites/default/files/resource_files/srthf_report_final.pdf) to access the report.  **New Article: Gentrification, Neighborhood Change, and Population Health: A Systematic Review**  This review provides a summary of the last two decades of quantitative research on the relationships between health and gentrification, urban development, and other forms of socioeconomic ascent. Our results reveal limited literature on how neighborhood socioeconomic ascent impacts health, finding only 22 studies that met the inclusion criteria. While more research is needed, studies on gentrification, and related neighborhood SES ascent processes, and health represent a promising area of study about how changing places impact health. Of the limited studies available, the majority found evidence of significant associations between gentrification and other measures of socioeconomic ascent and health, though the direction of the assessed relationships was not consistent.  For the full text of this article, please contact Heather Devlin at [Hdevlin@cdc.gov](mailto:Hdevlin@cdc.gov).  [Back to Top of Newsletter](#_top) Health Equity Resources **New Opportunity: 2020 Racial Equity Challenge** Food Solutions New England (FSNE), a regional network hosted by the University of New Hampshire (UNH) Sustainability Institute, is honored to organize the sixth annual 21-Day FSNE Racial Equity Challenge. This year (2020) the Challenge will run from March 30 through April 19. The 21-Day Racial Equity Habit Building Challenge (aka the Racial Equity Challenge) is simple! You (along with thousands of other people across the US) commit to deepening your understanding of, and willingness to confront, racism for twenty-one consecutive days. At the very least, the Challenge will raise your awareness. But for many participants it goes beyond that and changes the way they see and interact with the world.Click [here](https://foodsolutionsne.org/21-day-racial-equity-habit-building-challenge/) for more information. **New Article: To Fight Health Disparities, Native Hawaiians Return to Their Agriculture, Wellness Roots**  In Hawaii, locals are returning to ancient practices of agriculture and wellness. Given today's health disparities, the change can't come soon enough.  Click [here](https://www.usatoday.com/story/opinion/voices/2020/02/13/hawaii-farming-local-health-agriculture-report-for-america-column/4725162002/) for more information.    **New Opportunity: The Robert Wood Johnson Foundation and National Civic League Health Equity Award**  The National Civic League believes that to achieve health equity we must understand the challenges, aspirations, barriers and realities of the community. To share the example of innovative approaches to equity and shine a light on leaders across this country, the League has partnered with the Robert Wood Johnson Foundation.  Together with the [Robert Wood Johnson Foundation](http://www.rwjf.org/), the National Civic League is recognizing, celebrating and rewarding individuals who are making health equity a reality in their community. The League’s Health Equity Award recognizes individuals who are leveraging engagement to improve health outcomes for those most impacted by health disparities. In addition to national recognition, the winner receives a $3,000 prize.  Click [here](https://www.nationalcivicleague.org/the-leagues-health-equity-award/) for more information and to apply.  [Back to Top of Newsletter](#_top) Breastfeeding Resources **New Report: Challenging Cultural Barriers and Creating a More Supportive Society: Findings on Breastfeeding from Focus Groups with Moms Across Illinois**  The Illinois Public Health Institute (IPHI) and Illinois State Physical Activity and Nutrition (ISPAN) program partners held focus groups to help inform strategy development for the ISPAN breastfeeding initiative. The focus groups convened mothers from low-income and rural communities, and communities of color to provide input on the barriers and facilitators to breastfeeding, and what more can be done to better support women to breastfeed their babies.  Click [here](https://iphionline.org/wp-content/uploads/2020/02/ISPAN-Focus-Group-Report-FINAL.pdf?eType=EmailBlastContent&eId=fd71ffa0-f676-426d-ae52-da9efc6ca26e) to access the report. Early Childcare and Education Settings (ECE) **Webinar on Demand: Feeding Infants and Toddlers: Classroom Practices that Support Early Nutrition Habits**  Nutrition during infancy and early childhood is essential to ensure the growth, health, and development of children to their full potential. The webinar recording from the Head Start Early Childhood Learning and Knowledge Center (ECLKC), geared towards ECE providers, is the first in a four-part series focused on infants and toddlers. Topics discussed include nutrition needs in the first year of life and in toddlerhood, hunger and satiety cues, positive eating environments, serving needs and sizes, mealtime routines, and alignment of nutrition to developmental milestones. For more on this topic, ECE programs can use the ECLKC’s [Positive Eating Environment Self-Assessment](https://eclkc.ohs.acf.hhs.gov/publication/positive-eating-environment-self-assessment-ece-programs) to assess their mealtime practices.  Click [here](https://ncechw.adobeconnect.com/pya0yw7zojng/?launcher=false&fcsContent=true&pbMode=normal) to access the webinar.  **New Article: A Force of Nature**  Read and watch Wande Okunoren-Meadows, Executive Director at Little One's Learning Center in Forest Park, GA and National Farm to School Network Advisory Board Member is interviewed by Emory University's Alumni Association on her journey in the farm to ECE movement and how we can all move forward together.  Click [here](http://www.alumni.emory.edu/emorywire/news/news-articles/2020/02/wande-okunoren-meadows.html) to access the article and video.  [Back to Top of Newsletter](#_top) General Resources  **New Opportunity: Preventing Chronic Disease Student Research Collection**  Preventing Chronic Disease (PCD) is looking for students at the high school, undergraduate and graduate levels, and recent post-graduates to submit papers relevant to the prevention, screening, surveillance, and population-based intervention of chronic diseases, including but not limited to arthritis, asthma, cancer, depression, diabetes, obesity, and cardiovascular disease. Accepted papers will become part of PCD’s special **Student Research Collection**. Manuscripts must be received electronically no later than **5:00 PM EST on Friday, December 11, 2020**.  Click [here](https://www.cdc.gov/pcd/announcements.htm?deliveryName=USCDC_410-DM22265#2020) for more information.  [Back to Top of Newsletter](#_top)  Links to non-Federal organizations found in this e-mail are provided solely as a service. These links do not constitute an endorsement of these organizations or their programs by CDC or the Federal Government, and none should be inferred. CDC is not responsible for the content of the individual organization Web pages found at these links. |
|  |