|  |
| --- |
|  |
| |  | | --- | | *CDC’s Division of Nutrition, Physical Activity, and Obesity*  WEEKLY DIGEST  December 6, 2019 |   Hello!  Below you will find the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion’s, Division of Nutrition, Physical Activity, and Obesity (DNPAO) Weekly Digest. This weekly news digest provides a compilation of resources and information related to chronic disease prevention and community health from a variety of sources. Feel free to share this e-mail with your peers and partners. If you would like to subscribe or unsubscribe, send your name, organization, and e-mail address to dnpaoprogram@cdc.gov indicating whether you wish to subscribe or unsubscribe.  Nutrition   * New Article: 'Food Pharmacies' In Clinics: When the Diagnosis is Chronic Hunger * New Opportunity: SNAP-Ed Toolkit Call for Interventions   [Physical](#_Toc465176225) Activity   * New Funding Opportunity: PeopleForBikes 2020 Community Grant Program * New Opportunity: Share Your City Park Story * Upcoming Conference: 2020 Walk/Bike/Places Conference   Health Equity Resources   * New Opportunity: 2020 REACH Lark Award * Upcoming Webinar: Addressing Collective Trauma through Cross-sector Collaboration   Breastfeeding Resources   * No New Updates   Early Childcare and Education Settings (ECE)   * No New Updates   [General Resourc](#_Toc465176233)es   * New Resource: Active People, Healthy Nation℠ Communication Resources * New Resource: Shared Use in the Summer Infographic  Nutrition **New Article: ‘Food Pharmacies’ in Clinics: When the Diagnosis is Chronic Hunger**  It's hard to manage chronic conditions without a steady source of healthy food. That's why health care providers are setting up food pantries — right inside hospitals and clinics.  Click [here](https://www.npr.org/sections/thesalt/2019/11/28/783066219/food-pharmacies-in-clinics-when-the-diagnosis-is-chronic-hunger) to read the article.  **New Opportunity: SNAP-Ed Toolkit Call for Interventions**  The SNAP-Ed Toolkit helps SNAP-Ed Implementing Agencies across the country find evidence-based interventions and explore the SNAP-Ed Evaluation Framework in order to strengthen SNAP-Ed’s impact on the goal to help SNAP-eligible households make healthy eating and physical activity choices on a limited budget.  [Interventions](https://snapedtoolkit.org/interventions/what/) included on the SNAP-Ed Toolkit must go through a peer-review process to examine and assess the intervention’s reach, effectiveness, adoption, implementation, and maintenance.  **The Opportunity**: SNAP-Ed implementers, interventionists, researchers, and practitioners are invited to submit interventions not currently included on the SNAP-Ed Toolkit for review and potential inclusion.  The online application opened on **Monday, December 2, 2019**. The application deadline is **Friday, February 28, 2020 at 5 pm PST**. Questions? Please email [snapedtoolkit@unc.edu](mailto:snapedtoolkit@unc.edu).  Click [here](https://snapedtoolkit.org/interventions/submit-an-intervention/) for more information.  [Back to Top of Newsletter](#_top) Physical Activity **New Funding Opportunity: PeopleForBikes 2020 Community Grant Program**  [PeopleForBikes](http://www.peopleforbikes.org/) is a national movement to make riding better for everyone. By collaborating with millions of individual riders, businesses, community leaders, and elected officials, the organization is uniting people to create a powerful, united voice for cycling and its benefits.  The PeopleForBikes Community Grant Program provides funding for important and influential projects that leverage federal funding and build momentum for bicycling in communities across the U.S. These projects include bike paths and rail trails, as well as mountain bike trails, bike parks, BMX facilities, and large-scale bicycle advocacy initiatives.  PeopleForBikes accepts grant applications from non-profit organizations with a focus on bicycling, active transportation, or community development, from city or county agencies or departments, and from state or federal agencies working locally. PeopleForBikes only funds projects in the United States.  The online application opens **Monday, December 9, 2019**. The application deadline is **Friday, April 3, 2020**.  Grant guidelines are posted at <http://peopleforbikes.org/grant-guidelines/>.  The on-line application process can be accessed at <http://peopleforbikes.org/apply-now/>.  **New Opportunity: Share Your City Park Story**  The City Parks Alliance is providing an opportunity to share your city park story. By sharing your city park recreation, programming, design, or marketing story, you’re helping park professionals across the country learn from your successes and setbacks and ultimately provide better park and recreation resources for the communities they serve.  Click [here](https://cityparksalliance.org/resources/case-studies/submit-a-case-study/) for more information.  **Upcoming Conference: 2020 Walk/Bike/Places Conference**  August 4 – 7, 2020  Indianapolis, Indiana  Held every two years, Walk/Bike/Places is a unique conference experience that combines experiential learning from walking and biking the streets of the host city, and learning from its most vibrant places, with nearly 100 expert-led breakout sessions and locally-led workshops. The conference is produced by [Project for Public Spaces](https://www.pps.org/).  The call for proposals is now open so be sure to apply before the deadline of **Friday, January 3, 2020 at 5:00 pm EDT**.  Click [here](https://www.walkbikeplaces.org/?mc_cid=d8cde27918&mc_eid=adc8adf44d&mc_cid=7c835b96a1&mc_eid=adc8adf44d) for more information about the conference and call for proposals.  [Back to Top of Newsletter](#_top) Health Equity Resources **New Opportunity: 2020 REACH Lark Award**  CDC’s Division of Nutrition, Physical Activity, and Obesity is now accepting applications for the 2020 REACH Lark Award. The REACH Lark Galloway-Gilliam Nomination for Advancing Health Equity, or REACH Lark Award, recognizes extraordinary individuals, organizations, or community coalitions associated with the REACH program for advancing the science and practice of improving health equity to eliminate health disparities at the national, state, or local levels. This award is in honor of Ms. Galloway-Gilliam’s meaningful and far-reaching contributions to the REACH program and health equity.  The application period opened on December 1, 2019. CDC will accept applications through **January 28, 2020**.  Click [here](https://www.cdc.gov/nccdphp/dnpao/state-local-programs/reach/reach-lark-award/rules/index.html) for more information about the award and nomination process.  Click [here](REACH-Lark-Award-Application_Final.pdf) for the 2020 REACH Lark Award Application Form.  **Upcoming Webinar: Addressing Collective Trauma through Cross-sector Collaboration**  Tuesday, December 10, 2019  2:00 pm - 3:00 pm EDT  [Register Here](https://ufl.qualtrics.com/jfe/form/SV_1AjJgAn4k6CujbL)    Despite the clearly systemic, community-level nature of collective trauma, many health interventions to address community trauma focus on individual level treatments, such as providing access to individual mental health services. While these approaches are important, cross-sector collaborations can enhance these efforts with collective, place-based offerings that target upstream causes. Artistic and cultural expressions—from performances or exhibits to murals in public spaces—can reflect, magnify, clarify, or reimagine a community’s history and collective experience, including the traumas that have led to systemic inequities and health disparities.  This webinar will overview the issue of collective trauma and present practice models that demonstrate how cross-sector collaboration between the arts and culture and public health sectors can address collective trauma in communities.  [Back to Top of Newsletter](#_top) Breastfeeding Resources**No New Updates**Early Childcare and Education Settings (ECE) No New Updates  [Back to Top of Newsletter](#_top) General Resources  **New Resource: Active People, Healthy Nation℠ Communication Resources**  **Animated Design Element**  To help support your work in promoting Active People, Healthy Nation℠, we now have included an [animated design element](https://www.cdc.gov/physicalactivity/activepeoplehealthynation/images/active-people-healthy-nation-animated-logo.gif), designed by the National Association for Chronic Disease Directors. We encourage you to use this in your social and digital media efforts to promote Active People. As a reminder, you can find other design elements in English and Spanish [online](https://www.cdc.gov/physicalactivity/activepeoplehealthynation/resources-to-implement.html#anchor_1556201265).  **New Badges Ready to Use**  New physical activity badges promoting Active People, Healthy Nation℠ are [online](https://www.cdc.gov/physicalactivity/activepeoplehealthynation/resources-to-implement.html#anchor_1556744321372). Click the plus sign to see the 19 badges. Badges include images of people or families walking, swimming, running, riding bikes, and playing. Add these to your website or download and use as an image in your communication materials.  **Strategies to Increase Physical Activity – Website Content & Fact Sheet Available**  The Active People, Healthy Nation℠ website has information on [seven evidence-based strategies](https://www.cdc.gov/physicalactivity/activepeoplehealthynation/strategies-to-increase-physical-activity/index.html) to increase physical activity across sectors and settings. If you need a brief version, download and use a new fact sheet on these [seven evidence-based strategies to increase physical activity](https://www.cdc.gov/physicalactivity/activepeoplehealthynation/pdf/About-Active-People_factsheet_Oct2019_508.pdf). You can also copy of the strategies to increase physical activity [image](https://www.cdc.gov/physicalactivity/activepeoplehealthynation/images/Strategies-Signpost_Active-People.JPG) or [image with bullets](https://www.cdc.gov/physicalactivity/activepeoplehealthynation/images/Strategies-Signpost_with-Bullets_Active-People.JPG).  **New Resource: Shared Use in the Summer Infographic**  Schools are more than just places of learning for children. They serve as community centers and host many facilities and resources that can benefit the general public. Opening school facilities can provide spaces for many activities and events:   * Physical activity * Community gardens * Continuing education opportunities * Cultural events * Cooking and nutrition classes * Farmers markets   Developed in partnership with the Merced County Public Health Department in California, our new infographic Shared Use in the Summer shows how shared use agreements can allow public use of school spaces and improve community health and equity.  Click [here](https://www.changelabsolutions.org/product/shared-use-summer?utm_source=email&utm_medium=b_Link&utm_campaign=SharedUse-Info_Launch_1119_2&eType=EmailBlastContent&eId=bd83ea5a-c3a2-4e9d-91ae-fcb83a28a957) for more information and to access the infographic.  The Robert Wood Johnson Foundation (RWJF) seeks to help improve community health by fostering connections across systems that are built to last. If different sectors have the capacity and urgency to work together to address community needs, they can make and sustain progress.  Efforts to increase cross-sector alignment are well underway. This call for proposals supports RWJF’s intent to identify and share what works to effectively align the health care, public health, and social services sectors.  The Robert Wood Johnson Foundation (RWJF) seeks to help improve community health by fostering connections across systems that are built to last. If different sectors have the capacity and urgency to work together to address community needs, they can make and sustain progress.  Efforts to increase cross-sector alignment are well underway. This call for proposals supports RWJF’s intent to identify and share what works to effectively align the health care, public health, and social services sectors.  [Back to Top of Newsletter](#_top)  Links to non-Federal organizations found in this e-mail are provided solely as a service. These links do not constitute an endorsement of these organizations or their programs by CDC or the Federal Government, and none should be inferred. CDC is not responsible for the content of the individual organization Web pages found at these links. |
|  |