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| *CDC’s Division of Nutrition, Physical Activity, and Obesity*WEEKLY DIGESTJanuary 10, 2020 |

Hello and Happy New Year! Below you will find the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion’s, Division of Nutrition, Physical Activity, and Obesity (DNPAO) Weekly Digest. This weekly news digest provides a compilation of resources and information related to chronic disease prevention and community health from a variety of sources. Feel free to share this e-mail with your peers and partners. If you would like to subscribe or unsubscribe, send your name, organization, and e-mail address to dnpaoprogram@cdc.gov indicating whether you wish to subscribe or unsubscribe. Nutrition* Upcoming Summit: Food Tank 2020 Summit: The Wisdom of Indigenous Foodways
* New Resource: Read the Label Youth Outreach Materials

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[General Resourc](#_Toc465176233)es* Upcoming Conference: The National Association of County and City Health Officials (NACCHO) 360: Raising the Reach of Public Health
* New Resource: The Rural Opportunity Map
* New Funding Opportunity: Improving Quality of Care and Patient Outcomes During Care Transitions (R01)

Nutrition**Upcoming Summit: Food Tank 2020 Summit: The Wisdom of Indigenous Foodways**January 22, 2020Scottsdale, Arizona[Register Here](https://www.eventbrite.com/e/the-wisdom-of-indigenous-foodways-food-tank-summit-w-asu-u-of-hawaii-tickets-86838491265)Food Tank and Arizona State University’s (ASU) “[The Wisdom of Indigenous Foodways](https://www.eventbrite.com/e/the-wisdom-of-indigenous-foodways-food-tank-summit-w-asu-u-of-hawaii-tickets-86838491265)” Summit on January 22, 2020, is convening native voices and food system leaders to help bring Indigenous knowledge to the forefront of conversations on food system transformation. The evening event is held in collaboration with the [Swette Center for Sustainable Food Systems](https://sustainability.asu.edu/food/) at ASU and the [Sustainable Community Food Systems Program](https://westoahu.hawaii.edu/academics/degrees/applied-science/sustainable-community-food-systems/) at the University of Hawai’i, West O’ahu.Click [here](https://foodtank.com/news/2020/01/native-voices-convene-for-food-tank-summit-on-indigenous-foods/) for more information.**New Resource: Read the Label Youth Outreach Materials** Read the Label is an exciting program that challenges kids, ages 9 to 13, to look for and use the Nutrition Facts label on food and beverage packages. The campaign materials include components for kids, parents, and community health educators.The materials include information and activities to help kids and parents understand and use the Nutrition Facts label as their everyday tool for making smart and healthy food choices. The materials also provide tips for making informed choices at home, at the school cafeteria, at the supermarket, and at restaurants. If you have any follow-up questions contact CFSAN:1-888-SAFEFOOD (1-888-723-3366) or [cfsan.force.com/Inquirypage](http://cfsan.force.com/Inquirypage).Click [here](https://www.fda.gov/food/nutrition-education-resources-materials/nutrition-facts-label-read-label-youth-outreach-materials) to access the resource.[Back to Top of Newsletter](#_top)Physical Activity**Upcoming Opportunity: America Walks’ Walking College** America Walks’ Walking College is a remote-learning program that imparts fellows with the knowledge and skills they need to become leaders in creating stronger, more equitable, sustainable, and liveable communities. Over six months, fellows complete a series of modules addressing topics including the basics of walkable design; navigating the public policy process; effectively engaging decision-makers; and fostering a local advocacy movement. By the end of the program, they will have completed a blueprint for a series of short- and longer-term strategies to tackle an identified problem in their communities. The urgent need for taking action is clear given traffic statistics that show pedestrian deaths rising in communities across the country and the environmental and equity consequences of the existing transportation landscape. The picture is especially grim for minority populations. According to recent statistics, Native Americans are five times more likely than white people to die while walking.  For African Americans, the fatality rate is nearly twice that of whites.  In light of these findings, America Walks is aiming to expand minority participation in our programs, including the Walking College, in the coming year. Applications to be part of our sixth Walking College class will open in February. Please email Walking College Program Manager Emilie Bahr at ebahr@americawalks.org for more information.**Upcoming Summit: National Walking Summit**March 10 – 11, 2020St. Louis, Missouri[Register Here](https://www.eventbrite.com/e/national-walking-summit-st-louis-tickets-79342191631)The National Walking Summit – St. Louis will celebrate and identify local approaches and applications of national solutions that feature projects, programs, and practitioners that are creating safe, accessible, equitable, and enjoyable places to walk and be physically active.  This event will explore how walking and walkability connects communities to overcome barriers, bridge divides, and address inequities that exist because of the legacies of injustices.  Visit [www.walkingsummit.org](http://www.walkingsummit.org) to learn more about this event! **New Resource: CDC’s Active Communities Tool (ACT)** *The Active Communities Tool (ACT): An Action Planning Guide and Assessment* Modules *to Improve Community Built Environments to Promote Physical Activity* supports cross-sector teams in the assessment and action planning processes within a municipality to improve built environments for physical activity. The ACT has two parts:  an action planning guide and a series of assessment modules.  The action planning guide emphasizes the importance of building diverse commitment by identifying disciplines to consider including on a cross-sector team and emphasizing the need to understand the community’s context.  The assessment modules help communities understand the quality and comprehensiveness of existing policies, plans and processes that shape how the built environment supports safe and accessible physical activity opportunities for all people. Click [here](https://www.cdc.gov/physicalactivity/community-strategies/active-communities-tool/index.html) to access the tool.**New Resource: Winter Maintenance Resource Guide** Across North America, communities are dedicating more space and priority to multimodal transportation infrastructure. Those in northern, snowy climates, have a unique challenge to tackle: “How should we maintain sidewalks, bike lanes, and trails in the winter?”A considerable number of people walk and bike all winter long, whether they are going to work or school, accessing services, shopping, exercising, attending church, or participating in any number of other everyday activities. Research has shown that more people would do the same if infrastructure were appropriately maintained. Well-maintained walkways and bikeways also strengthen community confidence in the multimodal network and provide more equal access to the transportation system.Creating a comfortable environment for walking and bicycling year-round is a unique practice area that requires legal, technical, and design considerations to operate successfully. But with thoughtful planning, clear policies, agency coordination, and appropriate staffing and equipment, it’s certainly possible to perform the maintenance needed to keep people walking and bicycling through the winter months.This new resource guide to provides answers to ten common questions about winter maintenance, such as:* Who is responsible for winter maintenance, and why is it so challenging?
* What are the best ways to remove snow and ice from bikeways and walkways?
* What type of equipment is needed?

Click [here](https://tooledesign.com/insights/2019/12/winter-maintenance-resource-guide/) to access the resource.**New Report: The Safe Routes to School Program Census Project** The Safe Routes Partnership has released the first-ever national assessment of Safe Routes to School programs in the United States as part of a new report, “The Safe Routes to School Program Census Project: 2019 National Program Assessment Report.” This report provides an overview of the state of Safe Routes to School programming in the United States and a high-level assessment of challenges, innovations, and opportunities for Safe Routes to School programs. The findings in the report are based on a national survey of Safe Routes to School programs across the country, exploring policies, practices, and funding for programmatic activities, that was conducted in 2019. Click [here](https://www.saferoutespartnership.org/resources/report/srts-census-project) to access the report. [Back to Top of Newsletter](#_top)Health Equity Resources**Upcoming Opportunity: Call for Comments on the OMHHE Strategic Priorities** **HHS/U.S. Food and Drug Administration (FDA), Office of Minority Health and Health Equity (OMHHE):** Call for comments. OMHHE Strategic Priorities. FDA seeks input from interested stakeholders, including racial and ethnic minority, underrepresented and underserved populations, in establishing strategic priorities for OMHHE. **Deadline is February 28, 2020.**Click [here](https://www.federalregister.gov/documents/2020/01/03/2019-28417/office-of-minority-health-and-health-equity-strategic-priorities-establishment-of-a-public-docket?utm_campaign=fyi_newsletter&utm_medium=email&utm_source=govdelivery) for more information.**Upcoming Conference: The 2020 UCLA Minority Health Conference – Truth to Power: Exercising Political Voice to Achieve Health Equity**In concert with the Minority Student Caucus at the Gillings School of Global Public Health at UNC-Chapel Hill, the Center will host a satellite conference on **Friday, February 28, 2020 from 8am - 3pm in the Neuroscience Research Building (NRB) Auditorium at UCLA**. This year’s theme is Truth to Power: Exercising Political Voice to Achieve Health Equit**y**. Truth to Power recognizes a critical need for a more just and truthful world to improve our society. This year’s conference will focus on the tools and approaches we need to uplift marginalized voices, embolden effective leadership, and create policy that is community-driven and grounded in equity.Click [here](https://www.eventbrite.com/e/2020-ucla-minority-health-conference-registration-88989174015) for more information and to register. [Back to Top of Newsletter](#_top)Breastfeeding Resources **New Article: Bedsharing and Breastfeeding: The Academy of Breastfeeding Medicine Protocol #6, Revision 2019** Abstract: A central goal of the Academy of Breastfeeding Medicine is the development of clinical protocols for managing common medical problems that may impact breastfeeding success. These protocols serve only as guidelines for the care of breastfeeding mothers and infants and do not delineate an exclusive course of treatment or serve as standards of medical care. Variations in treatment may be appropriate according to the needs of an individual patient. Click [here](https://www.bfmed.org/assets/Protocol%20Number%206%202019%20Revision.pdf) to access the article.**New Resource: Innovations in State Breastfeeding Efforts – ASTHO’s Breastfeeding Learning Community: Year Four** The Association of State and Territorial Health Officials has published a report titled "[Innovations in State Breastfeeding Efforts: ASTHO's Breastfeeding Learning Community: Year Four](https://default.salsalabs.org/T85da49f4-f2f1-4ce8-84cb-1ae3cc596f4e/eaba9e8c-14b8-4cbf-817e-a3c0760d2055)." The report summarized notable project outcomes and lessons learned from seven state breastfeeding innovation projects funded by ASTHO in 2017-2018. Click [here](https://www.astho.org/Programs/Maternal-and-Child-Health/Breastfeeding/ASTHO-Breastfeeding-Learning-Community-Year-Four-Innovations-Summary/?eType=EmailBlastContent&eId=3e65937d-ad0e-4bfc-8145-4a873e1dff4b) to access the resource. Early Childcare and Education Settings (ECE)No New Updates [Back to Top of Newsletter](#_top)General Resources **Upcoming Conference: The National Association of County and City Health Officials (NACCHO) 360: Raising the Reach of Public Health**July 7 – 9, 2020Denver, ColoradoPublic Health is an inherently multi-disciplinary field with a diverse workforce consisting of professions ranging from clinicians, epidemiologists, and informaticists to health educators, policy analysts, and program evaluators. As a result, we often find ourselves siloed by our specific discipline or practice area and, even more frequently, our public health focus area (e.g., HIV and STIs, chronic disease, environmental health). As such, the struggle to meaningfully collaborate, both within the field and beyond, remains.As we head toward a new decade and set our sights on achieving Healthy People 2030 goals, it’s critical that we create opportunities for engagement across public health disciplines, practice areas, and organizations/agencies. To that end, NACCHO is expanding our 2020 annual conference into a two-pronged convening, **NACCHO 360:** **Raising the Reach of Public Health,** which will feature:* **NACCHO Annual**, the premier public health conference where local health department staff, partners, and funders share the latest research, ideas, strategies and innovations across public health focus areas, and
* **PHIITS: Public Health Informatics, Information Technology, and Surveillance,** a reimagined Public Health Informatics Conference that goes beyond informatics to also explore local health department information technology infrastructure and public health surveillance.

Abstract proposals must be received by **11:59 pm EDT** on **January 16, 2020**. Click [here](http://www.nacchoannual.org/abstracts) to submit an abstract. Click [here](http://www.nacchoannual.org/home) for more information and to register. **New Resource: The Rural Opportunity Map** A unique collection of data and tools, the Rural Opportunity Map uses data sets on broadband infrastructure, education attainment, young companies, and other local assets.  A map section for local leaders is designed to help them discover and learn from peer communities.  Developing sections help decode the many definitions of rural across federal entities, help investors find options in rural Opportunity Zones, and track trends in rural health care. Click [here](https://ruralopportunitymap.us/) to access the resource.**New Funding Opportunity: Improving Quality of Care and Patient Outcomes During Care Transitions (R01)**The Agency for Healthcare Research and Quality [(AHRQ) has posted a new funding opportunity:](https://grants.nih.gov/grants/guide/pa-files/PA-20-068.html) *Improving Quality of Care and Patient Outcomes During Care Transitions (R01).* AHRQ is interested in receiving applications related to care transitions between primary care, acute care, and specialty providers; care transitions between different institutional care settings; care transitions with a focus on patients, their families and communities. Click [here](https://grants.nih.gov/grants/guide/pa-files/PA-20-068.html) for more information.[Back to Top of Newsletter](#_top)Links to non-Federal organizations found in this e-mail are provided solely as a service. These links do not constitute an endorsement of these organizations or their programs by CDC or the Federal Government, and none should be inferred. CDC is not responsible for the content of the individual organization Web pages found at these links. |
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