|  |
| --- |
|  |
| |  | | --- | | *CDC’s Division of Nutrition, Physical Activity, and Obesity*  WEEKLY DIGEST  November 15, 2019 |   Hello!  Below you will find the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion’s, Division of Nutrition, Physical Activity, and Obesity Weekly Digest. This weekly news digest provides a compilation of resources and information related to chronic disease prevention and community health from a variety of sources. Feel free to share this e-mail with your peers and partners. If you would like to subscribe or unsubscribe, send your name, organization, and e-mail address to dnpaoprogram@cdc.gov indicating whether you wish to subscribe or unsubscribe.  Nutrition   * Upcoming Symposium: Optimizing Food Resources and Impacting Food Waste in Our Communities * New Resource: State Fact Sheets on Infant-Toddler Nutrition * New Funding Opportunity: Community Innovation Grants Program * Webinar Recording: Selling to Schools: Understanding the Fruit and Vegetable Requirements and How Schools can Source Produce * Call for Education Content: United Fresh 2020 Convention & Expo   [Physical](#_Toc465176225) Activity   * New Funding Opportunity: Mobility for All Pilot Program Grants * New Article: New Free Software Helps Create Walkable Cities of the Future * New Article: Pop-Up Placemaking Recipes for Beginners * New Resource: America Walks Launches Fee-for-Service "Technical Assistance for Walkable Communities" Program   Health Equity Resources   * New Resource: Racial Equity Tools Website * New Book: Racism: Science & Tools for the Public Health Professional   Breastfeeding Resource   * Upcoming Webinar: Breastfeeding in the Child Care Setting   Early Childcare and Education Settings (ECE)   * New Funding Opportunity: 2020 USDA Farm to School Grant Request for Applications (RFA) * New Article: Farm-to-School Education Grants Reach Low-Income Children and Encourage Them to Learn about Fruits and Vegetables   [General Resourc](#_Toc465176233)es   * New Resource: Fact Sheets: Whole School, Whole Community, Whole Child (WSCC) Model * New Resource: Free Entrance Days in the National Parks  Nutrition**Upcoming Symposium: Optimizing Food Resources and Impacting Food Waste in Our Communities** Wednesday, April 15, 2020  Clemson University, Clemson, South Carolina  Clemson University and its College of Behavioral, Social and Health Sciences are pleased to host the annual symposium of the [Southeastern University Consortium on Hunger, Poverty and Nutrition](https://hunger-research.sog.unc.edu/) on April 15, 2020, at Clemson's Watt Family Innovation Center. The symposium will focus on the topic, “Optimizing Food Resources and Impacting Food Waste in our Communities.” Keynote speaker is Willie Taylor, SERO Regional Administrator, USDA-FNS.  **Registration and other details will be coming soon.**  Click [here](https://www.clemson.edu/cbshs/consortium/index.html) for more information or contact Dr. Leslie Hossfeld at [lhossfe@clemson.edu](mailto:lhossfe@clemson.edu).  **New Resource: State Fact Sheets on Infant-Toddler Nutrition**  Are infants and toddlers in your state getting the nutrition they need for a healthy start in life? Find out with a new set of fact sheets released by the Food Research & Action Center (FRAC) and Think Babies™. The fact sheets provide national and state-specific data on hunger and poverty experienced by infants and toddlers, as well as access to federal nutrition programs.  Click [here](https://www.frac.org/research/resource-library/thinkbabies-fact-sheets) to access the fact sheets.  **New Funding Opportunity: Community Innovation Grants Program**  The **Community Innovation Grants Program**  has been designed to allow the [**United Fresh Start Foundation**](https://www.unitedfreshstart.org/) to collaborate with like-minded stakeholders to increase children’s access, selection, and consumption of fresh produce while they are outside of school.  The 2020 program is focused on supporting visionary initiatives and research that not only increases children and families’ access to fresh produce, but also broadens selection and consumption of fresh fruits and vegetables, whether at home, on weekends, during the summer, while out to eat, or any other time outside the traditional school day.  A total of $50,000 in funds through the **Community Innovation Grants Program** will be awarded this year. A minimum of five grants will be awarded, in amounts warranted by applicants.  To date, we have collectively granted $100,000 to support programs for over 40 non-profit partners.  Applications must be received by December 1, 2019.  Click [here](https://www.unitedfreshstart.org/what-we-do-in-communities/) for more information and to apply.  **Webinar Recording: Selling to Schools: Understanding the Fruit and Vegetable Requirements and How Schools can Source Produce**  This is a recording of the United Fresh Webinar Series program that was presented live on October 30, 2019. United Fresh Produce Association worked to ensure passage of legislation that updated school nutrition standards for the more than 30 million children who participate in school meal programs each day. The updated standards require schools to significantly increase the amount and variety of fruits and vegetables that are available to students at breakfast and lunch. This webinar, hosted by the United Fresh Start Foundation, will assist produce companies that are navigating how best to work with K-12 school customers. The webinar will address school meal portion size requirements, how produce companies can benefit from understanding the USDA Food Buying Guide, and how schools are sourcing produce for their meal programs, using the USDA Department of Defense Fresh Program (“USDA DoD Fresh”).  Click [here](https://www2.unitedfresh.org/forms/store/ProductFormPublic/selling-to-schools) to access the webinar recording. Please note that you will need to put the webinar in your “cart” and checkout, but there is no cost associated with downloading the recording.  **Call for Education Content: United Fresh 2020 Convention & Expo**  Do you have a great idea for content you would like to see at United Fresh 2020 Convention & Expo in San Diego? If so, we would like to hear from you. All ideas are welcome, even if you don’t want to present on the topic and just want to let us know what you want to see on stage. The deadline is Friday, December 6, 2019.  Click [here](https://info.unitedfresh.org/convention-2020-call-for-ideas?utm_campaign=Convention%202020&utm_source=hs_email&utm_medium=email&utm_content=78461544&_hsenc=p2ANqtz-9aKhlrVWoJLNa-1MLxUNlzPXVg07zK4rweE9zzRzMVIdzWZYYAq3TxIpmUQ2R3wfehPHN8LBUSx8IcWg7xP4EJt3CTZZvUuxCIPzCiH_aqMYtsPfM&_hsmi=78461544) to submit your ideas.  [Back to Top of Newsletter](#_top) Physical Activity **New Funding Opportunity: Mobility for All Pilot Program Grants**  The Federal Transit Authority (FTA) notice of funding for the [Mobility for All Pilot Program](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAxOTExMDEuMTIzMzUxMjEiLCJ1cmwiOiJodHRwczovL3d3dy50cmFuc2l0LmRvdC5nb3YvZnVuZGluZy9ncmFudHMvZ3JhbnQtcHJvZ3JhbXMvbW9iaWxpdHktYWxsLWdyYW50cyJ9.2N6yfuFhTRW2MUgoaw1VWsaatI_YPjN0cM0i44lteg4/br/70848364309-l), seeks to improve mobility options and access to community services for older adults, individuals with disabilities, and people with low incomes. The application deadline is January 6, 2020. Note: An FTA grantee must be the lead applicant, but can partner with public health.  The $3.5 million grant aims to enhance vital transportation connections to jobs, healthy foods, education and health services, promoting goals that complement public health programs.  This is part of several initiatives by the FTA-led [Coordinating Council on Access Mobility (CCAM)](https://www.transit.dot.gov/ccam) toimprove coordination and alignment of resources across federal agencies to improve the availability, quality and efficient delivery of transportation services for special populations. The Department of Health and Human Services is represented by the Administration of Community Living on the Council.  CDC’s [Health Impact in 5 Years Initiative](https://www.cdc.gov/policy/hst/hi5/) in the Population Health and Health Care Office, Office of the Associate Director for Policy and Strategy is collaborating with FTA to highlight public health’s role in transportation. Participating CIOS are the National Center for Chronic Disease Prevention and Health Promotion, the National Center for Birth Defects and Developmental Delays, and the National Center for Environmental Health.  For more information, please contact Wendy Heaps, Senior Policy Advisor within the Population Health and Healthcare Office/OADPS, at [wah9@cdc.gov](mailto:wah9@cdc.gov).  Click [here](https://www.transit.dot.gov/funding/applying/notices-funding/mobility-all-pilot-program-grants-fy2020-notice-funding) for more information and to apply.  **New Article: New Free Software Helps Create Walkable Cities of the Future**  Researchers at Cornell University recently launched [**Urbano**](http://icm-tracking.meltwater.com/link.php?DynEngagement=true&H=FcQ5do3Mtm%2F2JnP%2FxXFcY%2BL9mOkU%2Fad4G7kfqxVfSdkEEq1vNf2gyyZGybc8tiINtpHX5qTj8SGWkhmPbFse5D0q2YMitDBi8zqRQ%2FBkBoPxWOHS8adehuQzV58E5usU&G=0&R=https%3A%2F%2Fwww.urbano.io%2F&I=20191113190858.000000b325c5%40mail6-41-usnbn1&X=MHwxMDQ2NzU4OjVkY2M1NGJlYzNjZWRiMzZiYmYwN2ZhZDs%3D&S=-VNjwn_nvL8ZDvUDrYdwuh9ZnyGkDQ5pszeUYTFi4II), a free software that employs data, metrics, and a user-friendly interface to help planners, developers, and architects assess and improve walkability features in their designs.  Click [here](https://www.forbes.com/sites/juliabrenner/2019/11/13/new-free-software-helps-architects--city-planners-create-walkable-cities-of-the-future/#7572692698b8) to read the article.  **New Article: Pop-Up Placemaking Recipes for Beginners**  This article is an excerpt from *The Pop-Up Placemaking Tool Kit*, a free publication by AARP and the planning and design firm Team Better Block, to be released on December 4. According to Team Better Block, these beginner-level projects are good for people who are new to placemaking, are looking for quick and easy community projects and/or are new to or uncomfortable using power tools.  Click [here](https://www.aarp.org/livable-communities/tool-kits-resources/info-2019/pop-up-beginner-recipes.html?cmp=EMC-DSM-NLC-LC-HOMFAM-20191113_LivableCommunities_SC4N_700500_1032907-111319-F2-Recipes-Header-CTRL-4164263&encparam=La4KtcN7EG6BBqadGxyzUCR4RFgYiDAFsnFMTwhpBz4%3d) to read the article.  **New Resource: America Walks Launches Fee-for-Service “Technical Assistance for Walkable Communities” Program**  America Walks has always provided advice, best practices, and connections with other practitioners in response to your walkable community questions.  In addition to this rapid-response service, we are now offering more intensive, Technical Assistance (T.A.) solutions to government, non-profit, and business clients. With more than 20 years of experience in advocacy campaigns and policy development, America Walks’ T.A. program is based on proven strategies for engaging community stakeholders, building local walking movements, and developing the political will that leads to positive change.  Click [here](https://americawalks.org/technical-assistance-program/) for more information.  [Back to Top of Newsletter](#_top) Health Equity Resources **New Resource: Racial Equity Tools Website**  The Racial Equity Tools is designed to support individuals and groups working to achieve racial equity. This site offers tools, research, tips, curricula and ideas for people who want to increase their own understanding and to help those working toward justice at every level – in systems, organizations, communities and the culture at large.  Click [here](https://www.racialequitytools.org/about) to access the website.  **New Book: Racism: Science & Tools for the Public Health Professional**  This important publication builds on the racial health equity work that public health advocates and others have been doing for decades. They have documented the existence of health inequities and have combatted health inequities stemming from racism. This book, which targets racism directly and includes the word squarely in its title, marks an important shift in the field's antiracism struggle for racial health equity. It is intended for use in a wide range of settings including health departments, schools, and in the private, public, and nonprofit sectors where public health professionals work. It will also benefit students still in training and will also serve as a practical reference text for courses and workshops. In this way, this book anticipates acting as a bridge connecting public health professionals, students, community members, as well as policymakers.  Click [here](http://secure.apha.org/imis/ItemDetail?iProductCode=978-087553-3032&CATEGORY=BK) for more information.  [Back to Top of Newsletter](#_top) Breastfeeding Resource**Upcoming Webinar: Breastfeeding in the Child Care Setting** Tuesday, November 19, 2019  1:00 pm - 2:00 pm EDT  [Register Here](https://register.gotowebinar.com/register/8889111008472172301) Did you know that child care providers are champions and can help families meet their breastfeeding goals? This presentation will dispel breastfeeding and child care myths and discuss tools, strategies, and guidelines to support breastfeeding in child care settings. **Featured speaker:**   * Elon Geffrard, BS, CLC  Early Childcare and Education Settings (ECE) New Funding Opportunity: 2020 USDA Farm to School Grant Request for Applications (RFA)  The 2020 USDA Farm to School Grant Program RFA has been released with some new and exciting changes for advancing farm to ECE! The grant tracks have been modified to include a ‘State Agency’ track, which now extends application eligibility to State agencies. Specifically, this grant track modification extends opportunity through partnerships with non-school based sites such as CACFP and Summer Food Service Program operators, to enhance and advance farm to ECE work. Please see announcement below regarding USDA Farm to School Grant RFA opportunity and you will also find a link to a webinar recording, hosted by USDA, that provides an overview of how to apply for the grant. Grants ranging in size from $20,000 to $100,000 will be available to schools, nonprofits, State and local agencies, agricultural producers, and Indian tribal organizations to plan and implement farm to school activities. Applications are due Dec. 13, 2019.  Click [here](https://www.grants.gov/web/grants/view-opportunity.html?oppId=321407) to learn more and to apply.  October 23rd Webinar Recording: [Submitting a Farm to School Grant Application](https://www.fns.usda.gov/cfs/submitting-farm-school-grant-application)  If you have questions, please contact the following:  For question on grant program itself contact the USDA Office of Community Food Systems or USDA Regional Office Farm to School lead <https://www.fns.usda.gov/cfs/usda-farm-school-staff>. If you are a DNPAO recipient and want to learn more about what this opportunity could mean for you or your SPAN, HOP, or REACH work, email [ppl2@cdc.gov](mailto:ppl2@cdc.gov) and the ECE team mailbox [eceobesity@cdc.gov](mailto:eceobesity@cdc.gov).  New Article: Farm-to-School Education Grants Reach Low-Income Children and Encourage Them to Learn about Fruits and Vegetables  Oregon established its Farm to School Education Grant Program to increase knowledge of and preference for fruits and vegetables among children in low-income school districts. This evaluation, published in the Journal of Translational Behavioral Medicine, found the program reached the targeted low-income students, encouraged districts to implement educational activities, and allowed low-income children to learn about produce.  Click [here](https://academic.oup.com/tbm/article-abstract/9/5/910/5579393?redirectedFrom=fulltext) to access the article. General Resources  **New Resource: Fact Sheets: Whole School, Whole Community, Whole Child (WSCC) Model**  The Society for Public Health Education’s (SOPHE's) new fact sheets on the Whole School, Whole Community, Whole Child (WSCC) model focus on strengthening relationships of school health leaders, community partners, and youths to build an equity framework that supports students.  Click [here](https://www.sophe.org/focus-areas/school-health/) to access the fact sheets.  **New Resource: Free Entrance Days in the National Parks**  National parks are America’s best idea, and there are [more than 400 parks](https://www.nps.gov/findapark/index.htm) available to everyone, every day. The fee-free days provide a great opportunity to visit a new place or an old favorite, especially one of the [national parks that normally charge an entrance fee](https://www.nps.gov/planyourvisit/fee-free-parks-state.htm). The others are free all the time.  Click [here](https://www.nps.gov/planyourvisit/fee-free-parks.htm) for more information.    The Robert Wood Johnson Foundation (RWJF) seeks to help improve community health by fostering connections across systems that are built to last. If different sectors have the capacity and urgency to work together to address community needs, they can make and sustain progress.  Efforts to increase cross-sector alignment are well underway. This call for proposals supports RWJF’s intent to identify and share what works to effectively align the health care, public health, and social services sectors.  The Robert Wood Johnson Foundation (RWJF) seeks to help improve community health by fostering connections across systems that are built to last. If different sectors have the capacity and urgency to work together to address community needs, they can make and sustain progress.  Efforts to increase cross-sector alignment are well underway. This call for proposals supports RWJF’s intent to identify and share what works to effectively align the health care, public health, and social services sectors.  [Back to Top of Newsletter](#_top)  Links to non-Federal organizations found in this e-mail are provided solely as a service. These links do not constitute an endorsement of these organizations or their programs by CDC or the Federal Government, and none should be inferred. CDC is not responsible for the content of the individual organization Web pages found at these links. |
|  |