|  |
| --- |
|  |
| |  | | --- | | *CDC’s Division of Nutrition, Physical Activity, and Obesity*  WEEKLY DIGEST  With COVID-19 Resources  August 7, 2020 |   Hello!  Below you will find the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion’s, Division of Nutrition, Physical Activity, and Obesity (DNPAO) Weekly Digest. This week’s digest contains COVID-19 resources and information related to chronic disease prevention and community health from a variety of sources. Feel free to share this e-mail with your peers and partners. If you would like to subscribe or unsubscribe, send your name, organization, and e-mail address to dnpaoprogram@cdc.gov indicating whether you wish to subscribe or unsubscribe.  Nutrition   * Upcoming Webinar: Delivering More Than Food: Understanding and Operationalizing Racial Equity in Food Hub * New Report: The Effect of Pandemic EBT on Measures of Food Hardship * New Report: “Thriving Together” Springboard Report * New Report: “Reset the Table” Report by Rockefeller Foundation * New Report: The Longest Summer: Childhood Hunger in the Wake of the Coronavirus * New Reports: Confirmed COVID-19 Cases, Metropolitan and Nonmetropolitan Counties * New Resources: COVID-19 Resource Hub and #GoodFoodRising   Physical Activity Resources   * New Resource: The Design for Distancing Ideas Guidebook * New Resource: The Spread of ‘StrEateries’ * New Resource: Walk Audit Worksheets en Español * New Funding Opportunity: 2021 Culture of Health Prize * New Funding Opportunity: Equitable Parks and Green Spaces in Small and Midsize Cities: Planning Grant   Health Equity Resources   * New Resources: Updated CDC Webpage. Health Equity: Promoting Fair Access to Health * New Resources: APHA COVID-19 and Equity * New Resource: Spirit of 1848 Website * New Video Series: Prioritizing Equity video series: The Root Cause * New Report: Covid-19 and Health Equity — Time to Think Big * New Report: Comparison of Weighted and Unweighted Population Data to Assess Inequities in Coronavirus Disease 2019 Deaths by Race/Ethnicity Reported by the US Centers for Disease Control and Prevention * New Report: Racial Health Disparities and Covid-19 — Caution and Context   Breastfeeding Resources   * New Survey Results: New Breastfeeding Data from the National Immunization Survey * New Resources: August is National Breastfeeding Month “Theme for 2020 is Many Voices United”   Early Childcare and Education Settings (ECE)   * No New Updates   General Resources   * New Resources: COVID-19: CDC Updates & Resources * Upcoming Webinar: Teambuilding Across Generations: An Interactive Workshop Exploring Multigenerational Workplaces  Nutrition **Upcoming Webinar: Delivering More Than Food: Understanding and Operationalizing Racial Equity in Food Hub**  Monday, August 24, 2020  2:30p.m.-3:30 p.m. EST  [Register Here](https://msu.zoom.us/webinar/register/WN_V4iDgQtwRU6VsfAkm-rvkw)  Food hubs are often perceived as addressing injustices in U.S. food systems, particularly by increasing economic power of small- and mid-size producers and bolstering local and regional supply chains. Many food hubs report having a social mission. Although there has been a national food hub survey every two years since 2013, the survey has not shed light on the extent to which racial equity is an institutionalized priority in food hub work.  The webinar will share results from a qualitative study led by a diverse group of food system practitioners as to how U.S. based food hubs understand and operationalize engagement in racial equity work.  We will share examples of how food hubs operationalize equity within their business, and with their partners, and with the community they serve.   Authors and food hub leader discussants will also offer perspectives on the deeper questions that must be addressed to meaningfully support equity across the food system.  **New Report: The Effect of Pandemic EBT on Measures of Food Hardship**  [The Pandemic EBT program](https://www.brookings.edu/research/the-effect-of-pandemic-ebt-on-measures-of-food-hardship/?utm_campaign=Economic%20Studies&utm_medium=email&utm_content=92622239&utm_source=hs_email),which supplements family food budgets in the absence of school meals, has reduced food hardship for low-income families with children during the COVID-19 pandemic. As some school districts extend remote learning through the fall, the Hamilton Project authors call for an extension of the program.  Click [here](https://www.hamiltonproject.org/assets/files/P-EBT_LO_7.30.pdf) to access the report.  **New Report: “Thriving Together” Springboard Report**  “[Thriving Together](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=153ade0c56&e=68a69f5cc3)”: A Springboard for Equitable Recovery & Resilience in Communities Across America” is a joint[project](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=a2eeccd691&e=68a69f5cc3)of the[CDC Foundation](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=1ed771345a&e=68a69f5cc3)and[Well Being Trust](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=66ed141848&e=68a69f5cc3)to inform interagency planning of federal partners related to recovery and community resilience, as well as to strengthen the network of community-based organizations and non-governmental organizations advancing equitable well being. Co-edited and coordinated by Monte Roulier, Governance Board Member, this collaborative project also includes a deep dive by Paula Daniels into the crisis and opportunities in our food system in 2020.  **New Report: “Reset the Table” Report by Rockefeller Foundation**  The [Rockefeller Foundation](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=08c5b5fc1e&e=68a69f5cc3) recently published “[Reset the Table](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=be8966467c&e=68a69f5cc3): Meeting the Moment to Transform the U.S. Food System” to illuminate the need for a more equitable and resilient food system in our country. Gathering insight “from a spectrum of critical vantage points of food and food policy,” this report identifies goals and targets to drive collective efforts and “build back stronger.” Co-Founder Paula Daniels participated in the report and  facilitated roundtable discussions with experts including [Johns Hopkins Center for a Livable Future](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=98f7359207&e=68a69f5cc3), [Common Market](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=d7a7929281&e=68a69f5cc3), [Food Corps](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=9b75e758e7&e=68a69f5cc3), [Health Care Without Harm](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=35d516c823&e=68a69f5cc3), [National Farm to School Network](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=6f3a2ce308&e=68a69f5cc3), and the [Wallace Center](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=784a9d9490&e=68a69f5cc3).  **New Report: The Longest Summer: Childhood Hunger in the Wake of the Coronavirus**  No Kid Hungry has released a new research-driven report, [The Longest Summer: Childhood Hunger in the Wake of the Coronavirus](https://urldefense.com/v3/__https:/www.nokidhungry.org/longestsummer__;!!OToaGQ!8ByYfmnw2y22l4R4hG3DgIgak2ey-2sPorJgsBvg5nn9z3YZ9P9mQpnpoRZ-0kwNlnVK5p4hwFwVLA$). Through two national surveys and a series of video diaries capturing the stories of families from across the country, The Longest Summer Report provides new insight into COVID-19’s impact on children and families.  **New Reports: Confirmed COVID-19 Cases, Metropolitan and Nonmetropolitan Counties**  The RUPRI Center for Rural Health Policy Analysis provides up-to-date [data and maps](https://rupri.public-health.uiowa.edu/publications/policybriefs/2020/COVID%20History/Index.html) on rural and urban confirmed cases throughout the United States.  [An animated map shows the progression of cases beginning January 21](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMTEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMDA3MzAuMjUwNzAxNDEiLCJ1cmwiOiJodHRwczovL3J1cHJpLnB1YmxpYy1oZWFsdGgudWlvd2EuZWR1L3B1YmxpY2F0aW9ucy9vdGhlci9DT1ZJRF9tYXAuZ2lmIn0.Ai_1brX42SV7eTvEBoT2IaoJckaZ651amwToxpW6dvc/s/1017568816/br/81685392407-l).  **New Resources: COVID-19 Resource Hub and #GoodFoodRising**  Check out the Good Food Cities [COVID-19 Resource Hub](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=9ba3424cfa&e=68a69f5cc3), created in partnership with [Real Food Media](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=ad586d5f80&e=68a69f5cc3) and [Food Chain Workers Alliance](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=985bf31eb8&e=68a69f5cc3), to see how the Center and our partners are advancing a values-driven response to the crises at the local, state and national levels, including this [messaging guide](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=aa922bfe94&e=68a69f5cc3) and [#GoodFoodRising](https://goodfoodpurchasing.us14.list-manage.com/track/click?u=c91072a22de598a53c55efc98&id=4691169bba&e=68a69f5cc3) stories that highlight leadership in Good Food Cities around the country.  [Back to Top of Newsletter](#_top) Physical Activity **New Resource: The Design for Distancing Ideas Guidebook**  The Trust for Public Land and the National Association of County and City Health Official released [The Toolkit for Health, Arts, Parks & Equity.](https://www.tpl.org/sites/default/files/The%20Toolkit%20for%20HAP-E.pdf) This toolkit proposes a strategy to address the structures, institutions, and the determinants that shape health equity. It centers the power of parks and open space—as places for community building—and arts and culture—as conduits for that community building.  **New Resource: The Spread of ‘StrEateries’**  The strange looking word (StrEateries) is being used to describe the dining-style that — due to the COVID-19 pandemic — is becoming a restaurant norm nationwide. See how parklets are helping turn streets and parking lots into eateries.  Click [here](https://www.aarp.org/livable-communities/livable-in-action/info-2020/slideshow-parklets-for-dining.html?cmp=EMC-DSM-NLC-LC-HOMFAM-20200805_LivableCommunities_899300_1358902-080520-F1-parklets-CTA_Button-CTRL-4761185&encparam=La4KtcN7EG6BBqadGxyzUCR4RFgYiDAFsnFMTwhpBz4%3d) to learn more.   |  | | --- | |  | | **New Resource: Walk Audit Worksheets en Español**  The new AARP Walk Audit worksheets are now available in English and Spanish. Download, print and use the worksheets to turn a neighborhood walk into a helpful, community-improving data collection activity.  Click [here](https://www.aarp.org/livable-communities/getting-around/info-2020/aarp-walk-audit-worksheets.html?cmp=EMC-DSM-NLC-LC-HOMFAM-20200805_LivableCommunities_899300_1358902-080520-F2-walkaudit-CTA_Button-CTRL-4761185&encparam=La4KtcN7EG6BBqadGxyzUCR4RFgYiDAFsnFMTwhpBz4%3d) to access the worksheets.   |  | | --- | |  | | **New Funding Opportunity: 2021 Culture of Health Prize**  The Robert Wood Johnson Foundation (RWJF) Culture of Health Prize (the Prize) elevates the compelling stories of places where residents are working together to transform education, jobs, transportation, housing, and more so better health flourishes for all. A Culture of Health recognizes that where we live—such as our access to affordable homes, quality schools, good jobs, and reliable transportation—affects how long and how well we live.  [Call for Applications](https://www.rwjf.org/en/library/funding-opportunities/2020/2021-culture-of-health-prize.html?rid=0034400001rm4niAAA&et_cid=2169357). Deadline: Thu, 15 Oct 2020  **New Funding Opportunity: Equitable Parks and Green Spaces in Small and Midsize Cities: Planning Grant**  The Robert Wood Johnson Foundation (RWJF) seeks an organization (or up to three collaborating organizations) to plan an initiative, which, by influencing policy and systems change, rectifies the inequitable distribution of parks and green spaces in low-income communities and communities of color in urban regions, including small and midsize cities. This work will build on the Foundation’s several years of field learning.  [Call for Proposals](https://www.rwjf.org/en/library/funding-opportunities/2020/equitable-parks-and-green-spaces-in-small-and-midsize-cities-planning-grant.html?rid=0034400001rm4niAAA&et_cid=2169357). Deadline: Wed, 9 Sep 2020 | |   [Back to Top of Newsletter](#_top) Health Equity Resources **New Resources: Updated CDC Webpage. Health Equity: Promoting Fair Access to Health**  Health equity is when everyone has the opportunity to be as healthy as possible. Long-standing systemic health and social inequities have put many racial and ethnic minority groups at increased risk of getting sick and dying from COVID-19.  To stop the spread of COVID-19 and move toward greater health equity, we must work together to ensure resources are available to maintain and manage physical and mental health, including easy access to information, affordable testing, and medical and mental health care.  Click [here](https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/) to access web page.  **New Resources: APHA COVID-19 and Equity**  The COVID-19 pandemic is spotlighting the health inequities that already existed in the United States. We are not going to reach health equity during a pandemic. But we must do all we can to keep disparities from widening and to address the root causes of existing health inequities.  Click [here](https://www.apha.org/topics-and-issues/communicable-disease/coronavirus/equity) to access resources.  **New Resource: Spirit of 1848 Website**  The Spirit of 1848 is a network of people concerned about social inequalities in health. Our purpose is to spur new connections among the many of us involved in different areas of public health, who are working on diverse public health issues (whether as researchers, practitioners, teachers, activists, or all of the above), and live scattered across diverse regions of the United States and other countries.  Click [here](http://www.spiritof1848.org/) to access the website.  **New Video Series:** **Prioritizing Equity video series: The Root Cause** In the latest installment of the American Medical Association's health equity YouTube series, Dr. Aletha Maybank, chief health equity officer at the AMA, speaks with a panel of health equity advocates and trailblazers on their work to address the root causes of health inequity and the social determinants of health.Click [here](https://www.ama-assn.org/delivering-care/health-equity/prioritizing-equity-video-series-root-cause) to access the video series. **New Report:** **Covid-19 and Health Equity — Time to Think Big**  Recognizing that health inequities have structural causes warranting policy-level solutions, we believe that the Covid-19 health equity disaster carries some lessons from which we can derive actionable policy targets for both advancing health equity and improving the pandemic response.  Click [here](https://www.nejm.org/doi/full/10.1056/NEJMp2021209) to read full report.      **New Report: Comparison of Weighted and Unweighted Population Data to Assess Inequities in Coronavirus Disease 2019 Deaths by Race/Ethnicity Reported by the US Centers for Disease Control and Prevention**  The report investigated whether the resulting magnitude of inequities using the weighted population underestimates those observed using the total population (unweighted).  Click [here](https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2768722) to read full report.  **New Report:** **Racial Health Disparities and Covid-19 — Caution and Context** In early April, Wisconsin and Michigan released data showing stark racial disparities in rates of Covid-19 cases and deaths. In those states, many media outlets noted that the percentages of affected people who were black were more than twice as high as the proportion of blacks in the overall population. Similar disparities have since been reported elsewhere, sometimes along with overrepresentation of additional racial minority groups.Click [here](https://www.nejm.org/doi/full/10.1056/NEJMp2012910) to read the full report. [Back to Top of Newsletter](#_top) Breastfeeding Resources **New Survey Results: New Breastfeeding Data from the National Immunization Survey**  CDC uses data from the National Immunization Survey (NIS) to monitor our nation’s progress over time and identify priority areas that need attention. Results of the 2018-2019 National Immunization Survey (NIS) are now available online. The NIS results include updated national, state, and socio-demographic breastfeeding rates for infants born in 2017. [Results from the NIS can be found on CDC’s website.](https://www.cdc.gov/breastfeeding/data/nis_data/results.html)  Due to changes in the sampling frame in 2011 (starting with 2009 births) and in 2018 (starting with 2016 births), and small sample sizes, states should use caution when comparing prevalence estimates from year to year. Also, keep in mind that these are rates for babies born in 2017, so more recent work in improving support for breastfeeding will not be reflected in these new estimates.  It’s important to note that the national percentage of breastfed infants supplemented with infant formula before 2 days of age was 19.2% among infants born in 2017, an increase from 16.9% among infants born in 2016. State data on formula supplementation before 2 days will be available in the Breastfeeding Report Card mid-August and will be added to [Data, Trends, and Maps](https://www.cdc.gov/nccdphp/dnpao/data-trends-maps/index.html) at the next update which is slated for October.  **New Resources: August is National Breastfeeding Month “Theme for 2020 is Many Voices United”**  *The themes for each week are:*  Week 1 (August 1-7): [World Breastfeeding Week:*Support Breastfeeding for a Healthier Planet*](http://worldbreastfeedingweek.org/) #NBM20 #WBW2020  Week 2 (August 9-15): [Native Breastfeeding Week](https://www.facebook.com/NativeBreastfeedingWeek/)  #NBM20 #NativeBreastfeedingWeek  Week 3 (August 16-24): [Spotlight on Infant and Young Child Feeding in Emergencies](https://www.cdc.gov/nccdphp/dnpao/features/disasters-infant-feeding/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Ffeatures%2Fdisasters-infant-feeding%2Findex.html)#NBM20  Week 4 (August 25-31): [Black Breastfeeding Week: *Revive. Restore. Reclaim*](https://www.facebook.com/BlackBreastfeedingWeek/)#NBM20 #BBW20  CDC’s Division of Nutrition, Physical Activity, and Obesity (DNPAO) will be posting social media throughout the month of August to support National Breastfeeding Month. Please follow DNPAO on Twitter [(@CDCObesity](https://twitter.com/CDCObesity)) and Facebook ([CDC Eat Well Be Active](https://www.facebook.com/CDCEatWellBeActive)) and like or share our posts.  For more information about the benefits of breastfeeding, recommendations, and how to promote, protect, and support breastfeeding, visit DNPAO’s [breastfeeding web pages.](https://www.cdc.gov/nutrition/InfantandToddlerNutrition/breastfeeding/index.html)  [Back to Top of Newsletter](#_top) Early Childcare and Education Settings (ECE) **No New Updates**  [Back to Top of Newsletter](#_top) General Resources  **New Resources: COVID-19: CDC Updates & Resources**  **New COVID-19 Information Sheet:**   * 3 Key Steps to Take While Waiting for Your COVID-19 Test Result. Click[HERE](https://www.cdc.gov/coronavirus/2019-ncov/downloads/php/318271-A_FS_KeyStepsWhenWaitingForCOVID-19Results_3.pdf)to view the website.   **CDC Releases new Resources and Tools to Support Opening Schools:**   * The Centers for Disease Control and Prevention (CDC) recently released new science-based resources and tools for school administrators, teachers, parents, guardians, and caregivers when schools open this fall.  Click on the [LINK](https://www.cdc.gov/media/releases/2020/p0723-new-resources-tools-schools.html?deliveryName=DM33749)provided to read additional information.   **New Health Equity Web Page Related to COVID-19:**   * Available at <https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/>   **MMWR Weekly COVID-19 Podcast Briefings:**   * Click [HERE](https://www.cdc.gov/mmwr/mmwrpodcasts.html?deliveryName=USCDC_921-DM34129) to finda weekly podcast to update readers on the latest scientific information from CDC’s COVID-19 response. In each episode, *MMWR’s* Editor-in-Chief, Dr. Charlotte Kent, provides an overview of the latest scientific information published in *MMWR*. New episodes are posted every Monday.   **COVID -19 Cases in the United States:**   * Click [HERE](https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html) to find an interactive map showing the most current cases and deaths reported by US states, the District of Columbia, New York City, and other US-affiliated jurisdictions.   **New CDC Morbidity and Mortality Weekly Reports on COVID-19:**   * [Characteristics and Outcomes of Contacts of COVID-19 Patients Monitored Using an Automated Symptom Monitoring Tool — Maine, May–June 2020](https://www.cdc.gov/mmwr/volumes/69/wr/mm6931e2.htm?s_cid=mm6931e2_e&deliveryName=USCDC_921-DM34560) * [SARS-CoV-2 Transmission and Infection Among Attendees of an Overnight Camp — Georgia, June 2020](https://www.cdc.gov/mmwr/volumes/69/wr/mm6931e1.htm?s_cid=mm6931e1_e&deliveryName=USCDC_921-DM34023) * [Symptom Duration and Risk Factors for Delayed Return to Usual Health Among Outpatients with COVID-19 in a Multistate Health Care Systems Network — United States, March–June 2020](https://t.emailupdates.cdc.gov/r/?id=h262d8802,11edec8b,11f15582) * [*Notes from the Field*: Rebound in Routine Childhood Vaccine Administration Following Decline During the COVID-19 Pandemic — New York City, March 1–June 27, 2020](https://t.emailupdates.cdc.gov/r/?id=h262d8802,11edec8b,11f15583) * [*Notes from the Field*: Public Health Efforts to Mitigate COVID-19 Transmission During the April 7, 2020 Election ― City of Milwaukee, Wisconsin, March 13–May 5, 2020](https://t.emailupdates.cdc.gov/r/?id=h262d8802,11edec8b,11f15584)   **Upcoming Webinar: Teambuilding Across Generations: An Interactive Workshop Exploring Multigenerational Workplaces**  Tuesday, August 11, 2020  3:00p.m.-4:00 p.m. EST  [Register Here](https://p2a.co/EaioCd8)  There are multiple generations that make up our workplaces - people from as many as five generations could be working together within one organization.  Multigenerational workplaces offer a wealth of opportunities.  But they can also bring some challenges.  How can we go beyond generational stereotypes and build stronger teams?   [Back to Top of Newsletter](#_top)  Links to non-Federal organizations found in this e-mail are provided solely as a service. These links do not constitute an endorsement of these organizations or their programs by CDC or the Federal Government, and none should be inferred. CDC is not responsible for the content of the individual organization Web pages found at these links. |
|  |