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DNPAO Weekly Digest: October 25, 2019

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CDC's Division of Nutrition, Physical Activity, and Obesity

WEEKLY DIGEST**October 25, 2019**

Hello!

Below you will find the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion's, Division of Nutrition, Physical Activity, and Obesity Weekly Digest. This weekly news digest provides a compilation of resources and information related to chronic disease prevention and community health from a variety of sources. Feel free to share this e-mail with your peers and partners. If you would like to subscribe or unsubscribe, send your name, organization, and e-mail address to dnpaoprogram@cdc.gov indicating whether you wish to subscribe or unsubscribe.

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Nutrition

Upcoming Webinar: Improving Resiliency Through Planning and Investment in Place-Based Food Systems: Lessons Learned from the Mid-Atlantic

Wednesday, November 6, 2019

1:00 pm - 2:30 pm EDT

[Register Here](#)

How can the planning of and investment in place-based food systems help improve local businesses and address concerns about food security, equity and resiliency?

Join the Smart Growth Network at 1 p.m. Nov. 6 to hear lessons learned from two studies released this year, the [Chesapeake Foodshed Assessment](#) by the Harry R Hughes Center for Agroecology and [What Our Region Grows](#) from the Metropolitan Washington Council of Governments.

This session will look at how much food is grown, raised and sold in the Mid-Atlantic, which sectors are growing, and what policymakers, investors and community members can do to support a more secure and resilient food future.

Featured speakers include:

- Lindsay Smith, *Metropolitan Washington Council of Governments*
- Philip J. Gottwals, *ACDS, LLC*

New Toolkit: Building Healthy Places Toolkit

The Building Healthy Places Toolkit outlines opportunities to enhance health through changes in approaches to buildings and projects. Developers, owners, property managers, designers, investors, and others involved in real estate decision making can use these strategies and tactics to create places that contribute to healthier people and communities and to enhance and preserve value.

The Toolkit provides 21 evidence-based recommendations that are supported by action-oriented evidence-based and best practice strategies. The report also includes seven schematics that illustrate how the recommendations can be applied

across real estate product sectors.

Click [here](#) to access the toolkit.

New Article: FDA Issues Final Rule on Calorie Labeling for Glass-Front Vending Machines

The U.S. Food and Drug Administration is issuing a [final rule to revise the type size requirements for calorie labeling on packaged foods sold in glass-front vending machines](#). The changes will reduce the regulatory burden on industry while ensuring that consumers continue to have visible front-of-package (FOP) calorie information as they purchase an item.

Click [here](#) to read the full article.

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Physical Activity

New Funding Opportunity: 2020 Safe Routes to Parks Activating Communities Program

The Safe Routes Partnership invites communities and organizations working to improve safe, equitable access to local parks to apply for the 2020 Safe Routes to Parks Activating Communities program. The program provides tailored technical assistance for seven communities to develop Safe Routes to Parks action plans and awards \$12,500 to each community to begin implementation of those plans.

The program will begin accepting applications starting November 4, 2019, with a deadline of December 16, 2019.

Grantee communities will work closely with staff at the Safe Routes Partnership from February through September 2020 to develop action plans aimed at improving safe, equitable access to local parks in their communities.

Click [here](#) for more information.

New Article: Meet Us in the Alley

Too many narrow spaces between and behind buildings have gotten a bad rap. That's why communities are "activating" their alleyways.

Click [here](#) to read the full article.

New Blog Post: Let's Play: Bringing Youth Sports to Activity-Friendly Communities

The blog post highlights the important role schools and communities can play to help increase physical activity for all youth. The post recognizes the release of the National Youth Sports Strategy and identifies areas of alignment with Active People,

Healthy Nation.

Click [here](#) to read the full blog post.

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Health Equity Resource

Call for Nominations: 2020 CMS Health Equity Award

CMS is excited to announce the Call for Nominations for the 2020 CMS Health Equity Award.

Equity is a key component of high-quality healthcare. Health equity is defined by Healthy People 2020 as the attainment of the highest level of health for all people. A measure of health equity is the reduction or elimination of disparities in health that adversely affect vulnerable populations. CMS recognizes the importance of health equity and is working to ensure that disparities in health care quality and access are eliminated. You can visit the CMS Office of Minority Health [website](#) to learn more about some of the efforts underway.

Starting in 2018, CMS began recognizing organizations who have demonstrated a strong commitment to health equity by reducing disparities affecting vulnerable populations such as racial and ethnic minorities, individuals with disabilities, sexual and gender minorities, and those living in rural areas.

Continuing the focus, the 2020 CMS Health Equity Award will shine a light on an organization leading the way on the path to equity, showing others how to reduce disparities in quality, access, and outcomes.

Please read the criteria and complete one [Nomination Form](#) per nominee for the CMS Health Equity Award. All Nomination Forms should be submitted to the CMS Office of Minority Health (ATTN: 2020 CMS Health Equity Award, HealthEquityTA@cms.hhs.gov) no later than Friday, November 15th, 2019. Questions about the award can also be submitted to this mailbox.

Please click [here](#) for more information.

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Breastfeeding Resource

Upcoming Webinar: Key Community Partners in Establishing Breastfeeding Continuity of Care: Community Health Centers Webinar

Tuesday, November 12, 2019

2:00 PM – 3:00 PM EDT

Register [Here](#)

Join us for a webinar to learn more about the role of Community Health Centers (CHCs) in breastfeeding continuity of care, and to hear about four unique organizational breastfeeding support model implementations.

Continuing Education for lactation support providers (CERPs) is pending approval. To stay up to date on the webinar series, please [visit NACCHO's website](#).

Early Childcare and Education Settings (ECE)

No New Updates

General Resources

New Report: E-cigarette Use, or Vaping, Practices and Characteristics Among Persons with Associated Lung Injury – Utah, April – October 2019

What is already known about this topic?

An outbreak of e-cigarette, or vaping, product use–associated lung injury (EVALI) of unknown source is ongoing in the United States.

What is added by this report?

Medical abstractions were completed for 79 Utah patients, 53 of whom were interviewed. Almost all patients reported using tetrahydrocannabinol (THC)-containing vaping cartridges. Most patients were hospitalized, half required breathing assistance, many reported preexisting respiratory and mental health conditions, and many identified as current or former smokers of combustible marijuana or tobacco. Most THC-containing products, acquired from six patients and, tested at Utah Public Health Laboratory, contained vitamin E acetate.

What are the implications for public health practice?

At present, persons should not use e-cigarette, or vaping, products containing THC. In addition, because the specific cause or causes of lung injury are not yet known and while the investigation continues, persons should consider refraining from use of all e-cigarette, or vaping, products.

Click [here](#) to read the full report.

New Article: A Media Campaign to Increase Health Care Provider Assistance for Patients Who Smoke Cigarettes

Abstract: Although most smokers visit a health care provider annually, only half report being provided evidence-based assistance with quitting, defined as brief counseling and an offer of medication. The New York State Department of Health designed a provider-targeted media campaign to increase provider-assisted quitting, which was implemented in 2016. Messaging focused on the addictive nature of tobacco products and evidence-based interventions. Online surveys of 400 New York State health care providers measured advertising awareness, associations between awareness and assistance with quit attempts, and perceptions that patients expect providers to assist with quitting. Forty-three percent of providers were aware of at least 1 advertisement, and providers who had seen an advertisement were more likely to provide evidence-based assistance (AOR = 2.55, $P = .01$), which includes recommending or prescribing cessation medications. Provider-targeted media is a promising approach to reach health care providers and encourage evidence-based smoking cessation treatment.

Click [here](#) to read the full article.

New Article: Single Cigar Price and Availability in Communities With and Without a Cigar Packaging and Pricing Regulation

Abstract: Single cigars are available for sale throughout the tobacco retail environment, are often sold for prices as low as 49 cents, and are available in flavors that appeal to youth. Since 2012, 151 municipalities in Massachusetts have enacted a minimum cigar packaging and pricing regulation that increases the price of a single cigar to a minimum of \$2.50 and the price of multi-packs of 2 cigars to a minimum of \$5.00. We used pricing data collected from retailers across the state to measure

the effect of the regulation on price and availability of single cigars over the long term. From 2014 through 2018, the statewide average price of single cigars increased from \$1.35 to \$1.64, concurrent with a decrease in statewide availability. Prices of single cigars were higher in communities with the regulation but also rose over time in communities without the regulation. The increased price and decreased availability of single cigars may reduce youth exposure and access to these products.

Click [here](#) to read the full article.

New Article: Advancing Tobacco Control Through Point of Sale Policies, Providence, Rhode Island

Abstract: Local point of sale (POS) policies are key strategies for preventing and decreasing tobacco use among youth. In January 2013, Providence, Rhode Island implemented a comprehensive POS tobacco policy restricting the sale of flavored tobacco products and discounts of tobacco product prices. Lack of sustained funding for enforcement has been challenging. Our research focuses on the policy evaluation after enforcement began. We observed a decrease in availability of flavored tobacco products as citations for violations increased. However, we observed little change in the availability of flavored tobacco products with ambiguous descriptors that connote a flavor. Current use (within 30 days before survey) of tobacco products among high school students declined after the policy was enforced. Collectively, these findings demonstrate that POS tobacco policies are effective. The tobacco industry's marketing of products that do not explicitly reference flavors might undermine enforcement of POS tobacco restrictions in Providence and elsewhere in the United States.

Click [here](#) to read the full article.

New Report: A New Portrait of Rural America

The American Communities Project uses its unique community typologies as well as data and on-the-ground reporting to explore these differences and blow up the mythology of rural America.

Click [here](#) to read the full report.

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