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| *CDC’s Division of Nutrition, Physical Activity, and Obesity*WEEKLY DIGESTWith COVID-19 ResourcesMay 29, 2020 |

Hello! Below you will find the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion’s, Division of Nutrition, Physical Activity, and Obesity (DNPAO) Weekly Digest. This week’s digest contains COVID-19 resources and information related to chronic disease prevention and community health from a variety of sources. Feel free to share this e-mail with your peers and partners. If you would like to subscribe or unsubscribe, send your name, organization, and e-mail address to dnpaoprogram@cdc.gov indicating whether you wish to subscribe or unsubscribe. Nutrition* Upcoming Webinar: NEW DATE: Dietary Guidelines Advisory Committee Draft Report Meeting

Physical Activity Resources* Upcoming Webinar: Enhancing Walkable Spaces through Public Art
* New Resource: COVID-19 Resources and Community Tracking for Walking and Bicycling

Health Equity Resources* Upcoming Webinar: COVID-19 Response: Promising Practices in Health Equity
* Upcoming Webinar: COVID-19 and Health Equity: A Policy Platform and Voices from Health Departments

Breastfeeding Resources* No New Updates

Early Childcare and Education Settings (ECE)* Upcoming Webinar: Social Distancing in Early Care and Education: Feasible or Impossible?
* Upcoming Webinar: Re-Opening FCC Safely, Tools to Evolve Your COVID-19 Child Care Strategy
* New Resource: USDA’s Team Nutrition Seamless Summer Option: Providing Multiple Meals at a Time During the Coronavirus (COVID -19) Pandemic
* Recorded Webinar Series: Child Care Aware of America. States' Response to COVID-19 and Child Care
* New Resource: Exchange Press Video Series on COVID-19 for Early Childhood Educators

General Resources* Upcoming Webinar: Successfully Leading Your Team During COVID-19
* New Resources: COVID-19 Resources & Updates from CDC
* New Resources: COVID-19 Guidance for Child Care Programs, Schools and Day Camps
* New Resource: Video 'Age-Friendly' Responses to COVID-19
* New Resource: COVID-19 Older Adult Response Initiative

Nutrition**NEW DATE: Dietary Guidelines Advisory Committee Draft Report Meeting****The Committee’s Draft Report Meeting Now Scheduled for June 17, 2020**The Dietary Guidelines Advisory Committee’s draft report webcast meeting, originally scheduled for Monday, June 8, will now take place via webcast on Wednesday, June 17, 11 a.m. – 7 p.m. EDT. Registration will open soon. The meeting will include updates on the Committee’s draft conclusion statements (see below), and Committee deliberations and decisions regarding their draft advisory report. Organized by life stage, the advisory report summarizes the Committee’s evidence review and provides overarching advice to the Departments based on the consideration of all of their conclusions statements.Click [here](https://health.gov/news/202005/new-date-dietary-guidelines-advisory-committee-draft-report-meeting?source=govdelivery&utm_medium=email&utm_source=govdelivery) for more information.[Back to Top of Newsletter](#_top)Physical Activity**Upcoming Webinar: Enhancing Walkable Spaces through Public Art**Wednesday, June 10, 20202:00p.m.-3:00 p.m. EST[Register Here](https://register.gotowebinar.com/register/3621153990440939011)Promoting walking in communities with noticeable disinvestment can be difficult. Public art is one way to lend to the revitalization of a neighborhood and invite people to be part of the process. This webinar will feature ways public art has been used to embrace the culture and history of a community while promoting engaging, walkable spaces. This webinar is intended for those just starting out on the walking path as well as those interested in learning more about the topic. **New Resource: COVID-19 Resources and Community Tracking for Walking and Bicycling**How are communities and the organizations that support them responding to COVID-19 impacts on walking and biking?The COVID-19 pandemic is calling for communities to take immediate action and provide safe spaces and access for walking, biking, and taking transit. There are several groups and researchers tracking these efforts based on crowdsourced information. Organizations that support community efforts are developing resource hubs for more information.Click [here](http://pedbikeinfo.org/resources/resources_details.cfm?id=5210) to learn what other communities are doing and add your own information.[Back to Top of Newsletter](#_top)Health Equity Resources**Upcoming Webinar: COVID-19 Response: Promising Practices in Health Equity**Tuesday, June 2, 20203:00p.m.-4:00 p.m. EST[Register Here](https://www.zoomgov.com/webinar/register/WN_Pl52MF_PSliWhuZCK78B_Q)Please join us for a webinar focused on sharing promising public health practices to reduce COVID-19 related disparities. During this webinar, presenters will discuss the actions their cities have taken to mitigate the disproportionate impact on racial and ethnic minorities. Additionally, speakers will take these ideas a step further and examine how they can be integrated into longer-term strategies for lasting impact that strengthens future responses and advances health equity. Please feel free to share this announcement with others who might be interested. Moderator:Dr. Leandris LiburdDirector of the Office of Minority Health and Health Equity/ Chief Health Equity Officer of the CDC COVID-19 Response, Centers for Disease Control and Prevention Speakers:Mr. T. Benicio GonzalesDirector of the Center for Health Equity, Louisville Department of Public Health & Wellness Dr. Nafissa Cisse EgbuonyeDirector of the Black Hawk County Health Department, Iowa  Dr. Jarvis ChenResearch Scientist, Social and Behavioral Sciences at the Harvard T.H. Chan School of Public Health Dr. Thomas LaViestDean of the School of Public Health and Tropical Medicine at Tulane UniversityAttendees are welcome to submit questions in advance toeocevent357@cdc.gov.**Upcoming Webinar: COVID-19 and Health Equity: A Policy Platform and Voices from Health Departments**Thursday, June 4, 20203:00p.m.-4:00 p.m. EST[Register Here](https://us02web.zoom.us/meeting/register/tZ0kdOyoqzIvHtFINmEZj1sF1mVmBPy9o4iz)Human Impact Partners is hosting a virtual convening to discuss how public health can play a role in advancing long-term policy solutions that center equity. We are co-hosting the event in partnership with APHA, ASTHO, Big Cities Health Coalition, HealthBegins, and NACCHO.During the event, you'll be able to: * Learn [about the policy platform](https://humanimpact.us2.list-manage.com/track/click?u=72f79fddff7ad7db65acf0591&id=d74629cb14&e=c56db6f995) and how public health can help advance housing and economic security, healthcare access, and end mass incarceration
* Discover how **Colorado** established and is using their COVID-19 Health Equity Response Team to identify, choose, and advocate for equitable policies
* Hear how **Cook County, IL** is advocating for worker protections and immigrant rights

For more info, please visit the Health Equity Policy Platform: [www.humanimpact.org/hip-advocacy/policy-platform/](http://www.humanimpact.org/hip-advocacy/policy-platform/)[Back to Top of Newsletter](#_top)Breastfeeding Resources **No New Updates**[Back to Top of Newsletter](#_top)Early Childcare and Education Settings (ECE)**Upcoming Webinar: Social Distancing in Early Care and Education: Feasible or Impossible?**Tuesday, June 2, 202012:00p.m.-1:00 p.m. EST[Register Here](https://goto.webcasts.com/starthere.jsp?ei=1322240&tp_key=120a2ca7cd)Do you have questions regarding social distancing in your early care and education program? Join this one-hour chat discussion with pediatrician, Danette Glassy, MD, FAAP. Dr. Glassy will review the CDC guidance for early care and education programs and provide practical strategies for implementation in a variety of early care programs. **Upcoming Webinar: Re-Opening FCC Safely, Tools to Evolve Your COVID-19 Child Care Strategy**Tuesday, June 2, 202012:00p.m.-1:30 p.m. EST[Register Here](https://info.leavittpartners.com/cdcf_childcare_onlineseminar)As communities in the United States begin to re-open, you will have to make decisions to keep your staff and families you serve safe. Public health officials have provided guidance that answers some of your questions, but other decisions will have to be made using your best judgment. Join the CDC Foundation in a 90-minute online seminar that will: 1) Discuss how the virus works and spreads, 2) Share a process that can help you analyze the risks in your unique settings and 3) Work through some relevant scenarios with public health experts. **New Resource: USDA’s Team Nutrition Seamless Summer Option: Providing Multiple Meals at a Time During the Coronavirus (COVID -19) Pandemic**The U.S. Department of Agriculture (USDA) is working with State Child Nutrition agencies to provide safe and flexible meal service to children during the public health emergency. Under nationwide non-congregate feeding and meal times waivers, State agencies may allow Program operators to provide more than 1 day’s worth of meals to eligible children via a single meal pick-up (by the child or the child’s parent or guardian) or delivery. This new publication provides Program operators with technical assistance on the amounts of foods needed for multiple day distribution, use of “bulk” foods, best practices, and parent communication.Click [here](https://fns-prod.azureedge.net/sites/default/files/resource-files/SSOMultipleMealsCOVID.pdf) to access the document.**Recorded Webinar Series: Child Care Aware of America. States' Response to COVID-19 and Child Care** This webinar series from Child Care Aware of America focuses on how states are responding to the coronavirus. View the series to learn more about decisions states’ made on child care issues such as emergency care, supporting families, child care subsidies and helping providers who care for the children of essential workers. In addition to the webinar series on states’ response to COVID, there are several other webinars related to COVID-19 and the early care and education field (e.g., family child care, helping children cope). Click [here](https://www.childcareaware.org/coronavirus/coronavirus-webinars/) to access the webinars. **New Resource: Exchange Press Video Series on COVID-19 for Early Childhood Educators**Exchange Press, in collaboration with Hinge Early Education Brokers and Video Active Productions, has created a free video series for early childhood educators. Each video has inspiration, support, and practical advice from experts to help providers navigate these unprecedented times. Video topics include supporting adults, technology, resilience, and rebuilding.Click [here](https://www.childcareexchange.com/surviving-to-thriving/) to access the video series. [Back to Top of Newsletter](#_top)General Resources **Upcoming Webinar: Successfully Leading Your Team During COVID-19**Tuesday, June 2, 20203:00p.m.-4:00 p.m. EST[Register Here](https://p2a.co/qXvwjGE)The impact of COVID-19 on our lives, communities, and institutions are unlike any that we ever imagined.  During this time of crisis, supporting your team members, who are often on the frontlines, and maintaining a healthy work culture are vital for achieving the mission of your organization.  But how can you effectively do this, especially as your team has shifted to remote work and/or you're looking at how to safely care for essential team members?  Join the Asian Pacific Islander American Health Forum (APIAHF) for a webinar on successfully leading your team during the COVID-19 pandemic.  During this interactive event, you'll learn practical tips and tools that you can begin to implement immediately with your team, ensuring that your organization can more effectively meet the challenges it is facing.**New Resources:** **COVID-19 Resources & Updates from CDC**Please see below for new, updated, and key resources on [COVID-19](https://www.cdc.gov/coronavirus/2019-nCoV/index.html). Check [“What’s New”](https://www.cdc.gov/coronavirus/2019-ncov/whats-new-all.html) for more updates. * Health departments – [Key Resources page](https://www.cdc.gov/coronavirus/2019-ncov/php/open-america/key-resources.html) has links to many resources
* [Implementation of Mitigation Strategies for Communities with Local COVID-19 Transmission](https://www.cdc.gov/coronavirus/2019-ncov/community/community-mitigation.html)
* [Communication Resources](https://www.cdc.gov/coronavirus/2019-ncov/communication/index.html) has links to [guidance documents](https://www.cdc.gov/coronavirus/2019-ncov/communication/guidance-list.html) and [print materials](https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html) (in many languages).
* Syndicated content page available for your website in English (see [Coronavirus Disease 2019 Microsite](https://tools.cdc.gov/medialibrary/index.aspx#/microsite/id/404916), [Coronavirus Self-Checker](https://tools.cdc.gov/medialibrary/index.aspx#/media/id/405848), [Stress and Coping](https://tools.cdc.gov/medialibrary/index.aspx#/media/id/404677), [How to Protect Yourself](https://tools.cdc.gov/medialibrary/index.aspx#/media/id/403325)), [Spanish](https://tools.cdc.gov/medialibrary/index.aspx#/results/language/spanish/page/1/sort/desc/group/0/query/coronavirus), and a few other languages.

 Remember to like, follow, and share [CDC’s Facebook](https://www.facebook.com/CDC), [Twitter](https://twitter.com/CDCgov), and [Instagram](https://www.instagram.com/CDCgov/) accounts and our division’s [Facebook](https://www.facebook.com/CDCEatWellBeActive/) and [Twitter](https://twitter.com/cdcobesity) accounts during this challenging time. **New Resources:** **COVID-19 Guidance for Child Care Programs, Schools and Day Camps**CDC’s Coronavirus Disease-2019 (COVID-19) pandemic guidance now includes [health considerations and tools for making (re)opening decisions and operating](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html) child care programs, schools, youth programs and day camps. Information is also available in [CDC Activities and Initiatives Supporting the COVID-19 Response and the President’s Plan for Opening America Up Again.](https://www.cdc.gov/coronavirus/2019-ncov/downloads/php/cdc-activates-initiatives.html) This guidance is based on what is currently known about the transmission and severity of COVID-19 and is updated as needed and as additional information becomes available. You can also find resources on these topics:* [Talking with Children About Coronavirus Disease 2019](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html)
* [Caring for Children](https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/children.html)
* [Checklist for Teachers and Paren](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/checklist.html)ts
* [Cleaning and Disinfecting](https://www.cdc.gov/coronavirus/2019-ncov/community/clean-disinfect/index.html)
* [Frequently Asked Questions](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools-faq.html)

**New Resource: Video 'Age-Friendly' Responses to COVID-19**Among the nation’s communities and local leaders on the frontlines of the global coronavirus pandemic are the more than 450 towns, cities, counties and states enrolled in the[AARP Network of Age-Friendly States and Communities](https://www.aarp.org/livable-communities/network-age-friendly-communities/).Several of the network’s member communities have told us how they’re responding to the unprecedented challenges brought on by the pandemic, and how they’re working to meet the needs of older adults. By sharing their stories, community leaders, first responders, volunteers and residents of all ages can learn from — and be inspired by — the strategies, struggles and solutions. Click [here](https://www.aarp.org/livable-communities/network-age-friendly-communities/info-2020/age-friendly-responses-to-COVID-19.html?cmp=EMC-DSM-NLC-LC-HOMFAM-20200527_LivableCommunities_899300_1315903-052720-F1-COVIDResponses-CTA_Button-CTRL-4600322&encparam=La4KtcN7EG6BBqadGxyzUCR4RFgYiDAFsnFMTwhpBz4%3d) to watch video.**New Resource: COVID-19 Older Adult Response Initiative**Data show that people age 50 and older, especially those with underlying health conditions, are among some of the most affected by COVID-19. Local leaders are taking action to support older adults in response to the coronavirus pandemic. The goal of the COVID-19 Older Adult Response Initiative is to provide mayors, local leaders and community organizations information and resources to support their responseThrough this partnership AARP and NLC will share how communities nationwide, including ones who are members of the AARP Network of Age-Friendly States and Communities, are leading, taking new action and applying their existing plans, programs and partnerships to protect and assist older residents and other high-risk individuals.Click [here](https://covid19.nlc.org/resources/covid-19-older-adult-response-initiative/?cmp=EMC-DSM-NLC-LC-HOMFAM-20200527_LivableCommunities_899300_1315903-052720-F2-NLC-CTA_Button-CTRL-4600322&encparam=La4KtcN7EG6BBqadGxyzUCR4RFgYiDAFsnFMTwhpBz4%3d) for more information.[Back to Top of Newsletter](#_top)Links to non-Federal organizations found in this e-mail are provided solely as a service. These links do not constitute an endorsement of these organizations or their programs by CDC or the Federal Government, and none should be inferred. CDC is not responsible for the content of the individual organization Web pages found at these links. |
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